

**Police HEART**  
Help Emergency Alert Rescue Terminal  
મહિલા મુકેલીમાં શેલ 1091 રેસીસ્કર કરો  
પોલીસશરે મદદમાં www.policeheart.com

**Life Skills**

**Defence Dance**  
Fire of Freedom, Power of Music

**HALLABOL**

**Shot Gun with Super Girls**  
Fire of Freedom, Power of Gun



**WAJRA O' FORCE  
EMPOWERMENT  
FOUNDATION**

# WAJRA O' FORCE EMPOWERMENT FOUNDATION

## A Step Towards Change With A Spark Of Revolution



# PREFACE

The origin of our Wajra O' force was basically stemmed down from a passion to create an impact by our perseverance and vivacity to work towards the community development of the people of Gujarat and India.

It has been six years since our organization has embarked on its journey for inclusive and sustainable development of the community. During these many years we came up with several Innovative Initiatives for the society as and when needed.

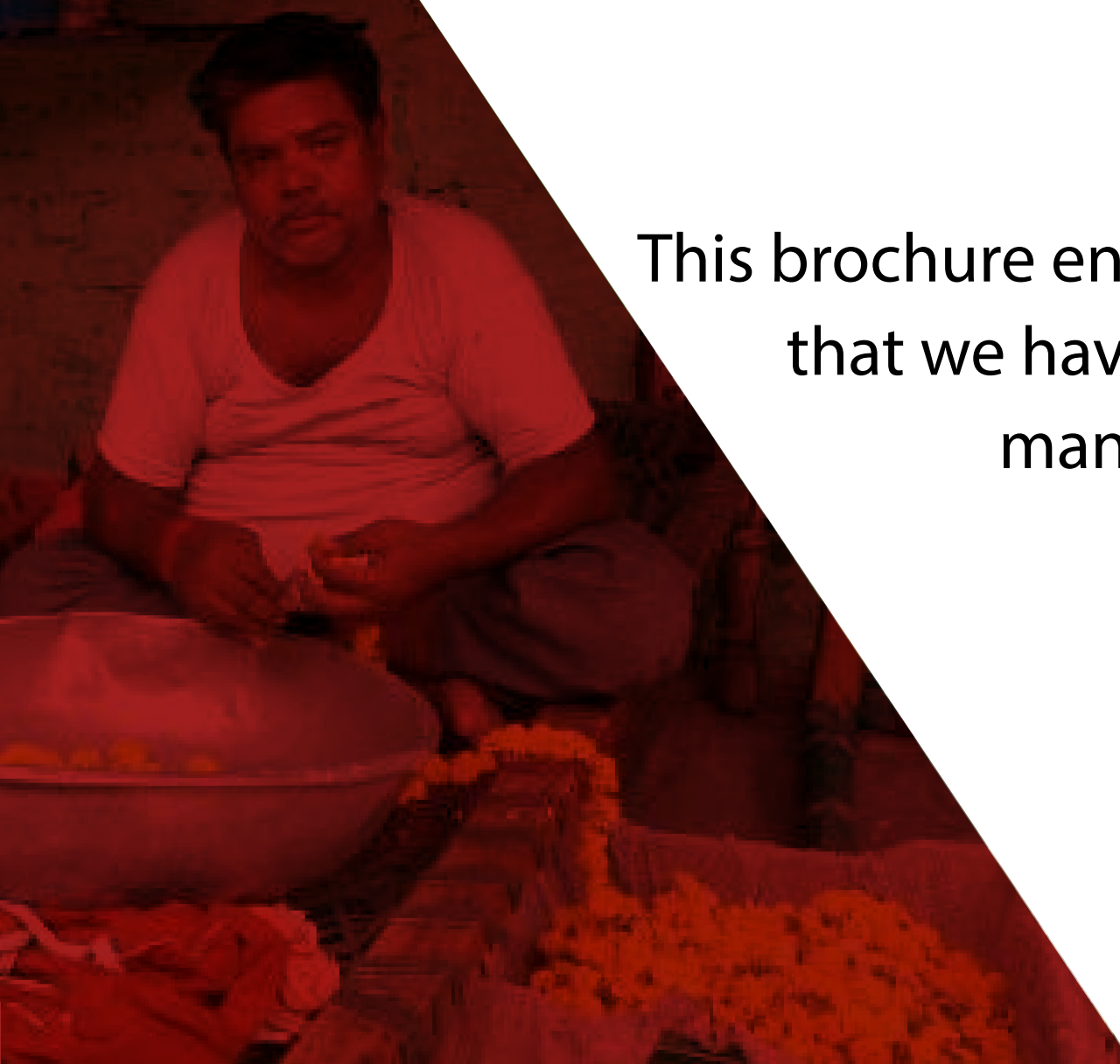
This brochure encapsulates the essence of our journey that we have traveled by far in culturally sensitive management of local affairs and outlining the future purpose of continuously striving for a revolution with a feeling of spark.

## WHAT'S AHEAD

- Our Journey
- Saraspur - A Journey of Change
  - Society
  - Vision & Mission
  - Background
  - Baseline Assessment
  - Best Practices
  - Social Impact
  - Case Studies
  - Domestic Violence Cases
- Impact Evaluation
- Corporate Sustainability and Responsibility (Saraspur Profile) CSR
- Guinness World Record
- PoliceHEART - 1091
- Defence O' Dance
- Halla Bol
- Surakshabandhan
- Life Skills for Adolescents "હૃદય"
- Poshan Abhiyaan
- Shot Gun With Super Girls
- Fight Against Covid-19
- UN 16 Days Of Activism
- UN 75 Youth Dialogue
- UN NGOCSW65
- Wajra Brigade
- Limca Attempt
- Book penned on - A Cognitive Perspective on: Equality
- Impact of Initiatives & Projects
- Events @ Glance



WAJRA O' FORCE  
EMPOWERMENT  
FOUNDATION





# Our Journey

In the last six years we came across various experiences which helped us to analyse our own work and to understand societal issues which helped us to evolve our commitment and energy over the years.

## 2016 - March

In March 2016, we started our pilot project of Saraspur with a vision that people who are deprived of government schemes avail the benefit so that their life can be empowered and in future with a vision of Corporate Social Responsibility (CSR) Projects like Saraspur model implemented to prosper a whole region.



## 2016 - Dec

After our Baseline Assessment we started with our most ambitious Jyoti Campaign which aims to provide unprecedented government schemes and within 4 months expanded our working horizon from 4 chalis to 18 chalis and also started literacy classes for different age groups.

## 2017 - Dec

On International Women's Day the State Bank of India recognised our hard work and supported us with 8 sewing machines and 2 computers. We started our sewing classes in collaboration with Nehru Yuva Kendra. We also conducted a health check-up camp specially for women and adolescents. We started a counselling and guidance center for addressing various issues such as the Domestic Violence, Drug Abuse etc.



## 2017 - June

This year started with great enthusiasm and we were able to fill several RTE forms and also celebrated Ganotsav in Saraspur primary school and also started skill development classes and initiated a new concept this Rakshabandhan into which women tied Rakhi to the police. We also created an awareness campaign for using Voter Id cards.

## 2018

Consequently, in 2018 we set up beauty parlour classes so that the women can financially support their family and also a lot of energy went to find solutions for numerous adversities that we faced earlier and also worked on reducing the time taken to implement different schemes and recently we conducted a medical camp in which children were examined and the result was quite shocking as they were suffering from various kinds of impairments and we have pledged to provide sustainable treatment to these kids soon.



# Our Journey

In the last six years we came across various experiences which helped us to analyse our own work and to understand societal issues which helped us to evolve our commitment and energy over the years.

## Year 2019 - Life Skills Project 1

During the Month of October in the year 2019 We began our exclusively designed Life Skills Training program in the Municipal Corporation Schools of Saraspur Ward for adolescent girl students.

The projects was supported by the British Deputy High Commission for Gujarat and Rajasthan.



## Year 2019-2020 Life Skills Project 2

With prompt and promising results from the Life Skills project 1, we initiated the Life Skills Projects 2. In this project we had trained both adolescent boys and girls. It was supported by the Gujarat CSR Authority.

## Year 2020 - Life Skills Project 3 & 4

The Life Skills 1 and Life Skills 2 had made a positive impact on the adolescent students of these schools. Hence in the month of January in the year 2020, we began our 3rd Life Skills project along with the Heart Foundation and Research Institute and in February our 4th Life Skills project for the adolescents from the 7 Government Schools undersigned into Rural Ahmedabad. In this project we imparted training on 2007 students collectively both boys and girls. The project was supported by Ahmedabad District Panchayat and Ministry Women and Child Development Gujarat. The project was on its half-way at the time nation-wide lockdown imposed due to Covid-19 and hence the project is still on hold due to schools not being fully functional and other protocols.



## Year 2020

## Beti Bachao Beti Padhao Ahmedabad District Panchayat

In February - 2020, Ruzan Khambatta, Director - Wajra O' Force Empowerment Foundation became the official advisor for the government's initiative of Beti Bachaao, Beti Padhaao for Ahmedabad District Jurisdiction.

The organization was honored with this responsibility by the hands of the then District Development Officer, Shri Arun Mahesh Babu, IAS.





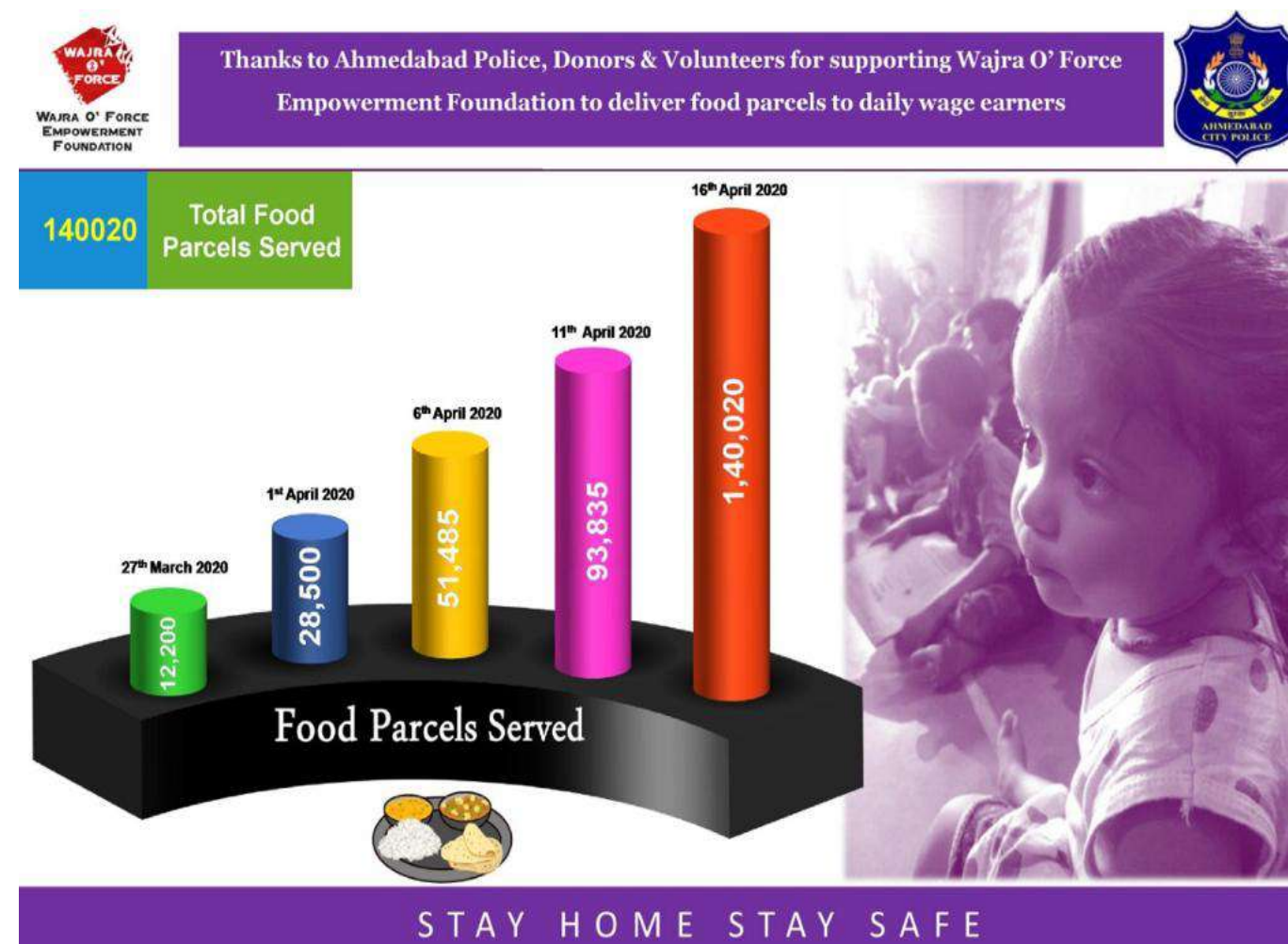
# Our Journey

In the last six years we came across various experiences which helped us to analyse our own work and to understand societal issues which helped us to evolve our commitment and energy over the years.

## Year 2020 - Fight against Covid

Whole world is facing a catastrophe named Covid-19. Wajra O' Force with the help of Ahmedabad District Administration, the Police Department of Ahmedabad city, Gujarat and active support from several donors / volunteers worked in our best capacity to conquer and combat against the Pandemic COVID-19.

At this particular juncture, our organization mainly focused upon the fulfillment of food packets & sanitizing supplements to the needy & Frontline Workers. We not only focused upon human beings but we also tried to feed the animals too, during pandemic.



## Year 2020

### 16 DoA & its closing ceremony

The United Nations Women celebrates 16 Days Of Activism every year during 26th November to 10th December with the theme of Orange the World. In the year 2020 Wajra O' Force also decided to be a part of it and support the UN Women's noble cause of 16 Days of Activism.



## Year 2021 January UN75 Youth Dialogue

The United Nations, every year organizes Youth Dialogues in the month of December and January at a large scale. This time due to Covid-19 restrictions it went virtual. Wajra O' Force organized 4 Youth Dialogues wherein students from different streams & colleges actively participated and shared their views, expressions and ideas with hope to change the world with a positive impact.

## Year 2020 End Poshan Abhiyaan

In the last week of December 2020, We initiated an exclusive and one of its kind initiative of Poshan Abhiyaan administered in the Mandal Taluka of Ahmedabad District as a Innovation Pilot Project with the support of Ahmedabad District Panchayat, Department of ICDS and Ministry of Women and Child Development.





# Our Journey

In the last six years we came across various experiences which helped us to analyse our own work and to understand societal issues which helped us to evolve our commitment and energy over the years.

## Year 2021 - UN NGOCSW

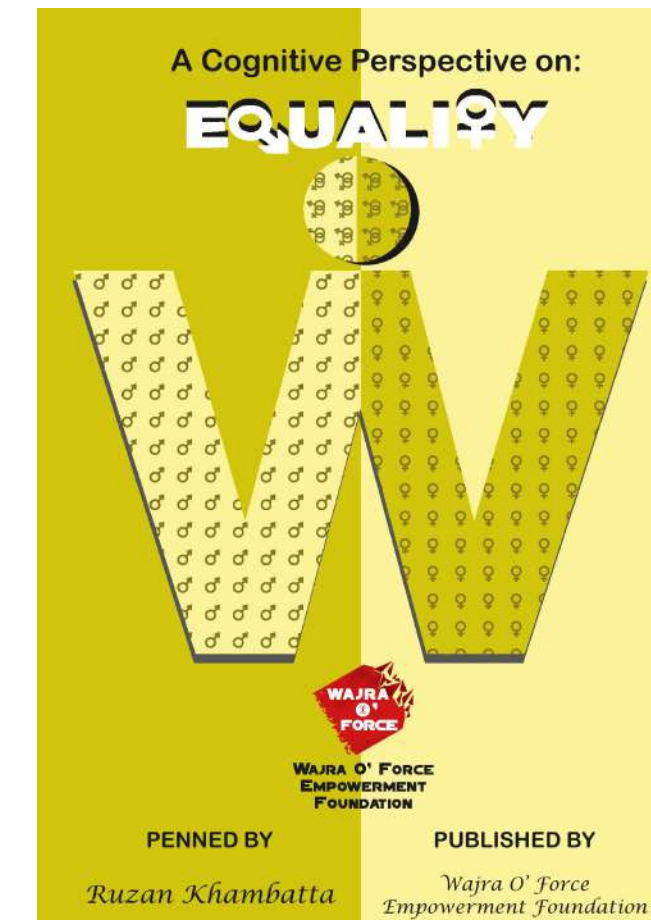
The United Nations, every year organizes the NGOCSW event at New York. But the 65th session went virtual due to Covid-19 restrictions & protocols. Wajra O' Force Empowerment Foundation in association with World Peace and Diplomacy Organization organized a global webinar on the topic 'Multi-Sectorial Approach to Achieve Gender Equality SDG Goal 5 by 2030', on the conclusive day of United Nation Women's 65th session of NGOCSW.

Wherein eminent Speakers and Panelists from India and around the globe participated. The speakers and panelists who shared their views and experiences from around the globe in the webinar represented different sectors like Government, Ministries, Entrepreneur, Journalism, Education, Defense, Police and Social etc.



## Year 2021 Book on Gender Equality

In the month of March 2021, Our hard work paid off with an exclusive launch of book on Gender Equality named as 'A Cognitive Perspective on: Equality'. The book is penned by Ruzan Khambatta, Director of Wajra O' Force Empowerment Foundation and is Published by Wajra O' Force Empowerment Foundation.



Let's head on to the  
Detailed Overview  
of the Works done  
by  
Wajra O' Force  
Empowerment  
Foundation during  
these many years!!!

*And the Enthralling Journey of  
Wajra O' Force Empowerment Foundation  
continues to the infinity with a hope and  
courage to contribute towards society and  
lead it to the path of Gender Equality,  
Women Empowerment, Child Development  
and the Societal Good at whole...*





WAJRA O' FORCE  
EMPOWERMENT  
FOUNDATION

# WAJRA O' FORCE

## Journey Of Change Saraspur





# Vision

Our Vision is that even the most vulnerable communities living in the urban slums of Ahmedabad are able to have basic necessities which can unshackle their lives. The Wajra O' force foundation stands with them as a support system and flourish the lives of the community and carry forward this idea to different places.

Government Scheme  
0km



“ The dream of empowering people by our work and to strive towards a substantial change is a force which is always beautiful and beyond description ”  
- Ruzan Khambatta

# Mission

Our mission is to improve the quality of life and outcomes by relationship building and creating a workforce of skilled individuals who can take economic burden on their shoulders and work toward socio-economic development and inculcate culture of integrity.







## Background

The Wajra O force empowerment foundation commenced on its journey to work for women and girls who belong to the marginalized sector in the urban slums of Ahmedabad.

## Issues that prevailed:

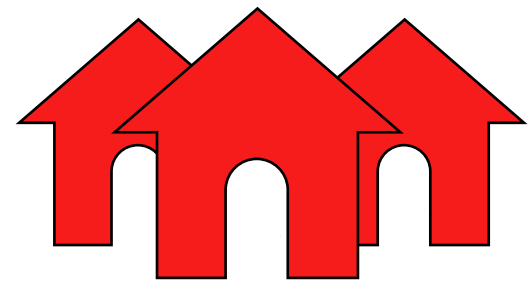
- Fundamental Rights of Citizens
- Diseases due to drug addiction
- Child Marriage was prevalent
- Domestic Violence
- People were deprived of government schemes



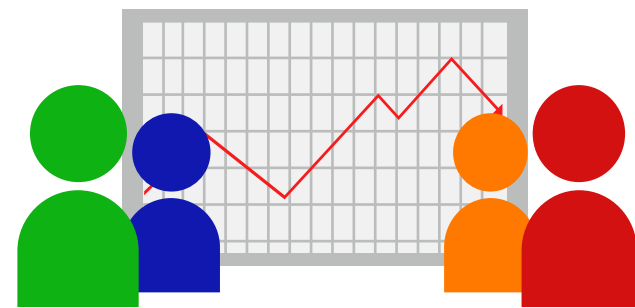
## Baseline Assessment

A formative campaigning and planning was done for monitoring and evaluation of framework to be carried out and this was done by our cluster coordinators so that future plan of action can be undertaken.

288

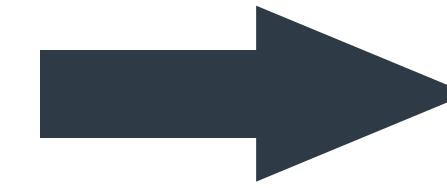


785



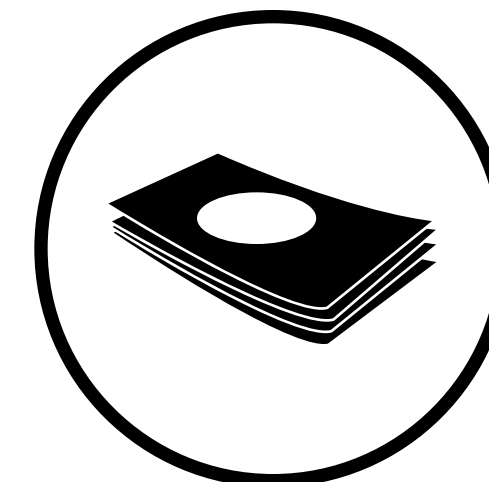
Data on various categories were collected during the assessment process.

Increased our shareholder's value and expanded from 4 chalis - 22 chalis in 18 months after our baseline assessment



Areas Targeted

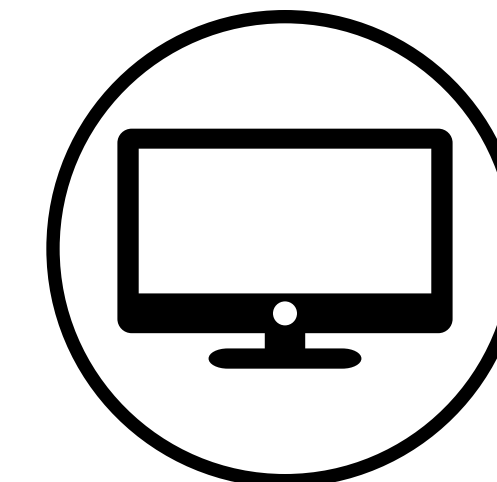
## Parameters for Assessment



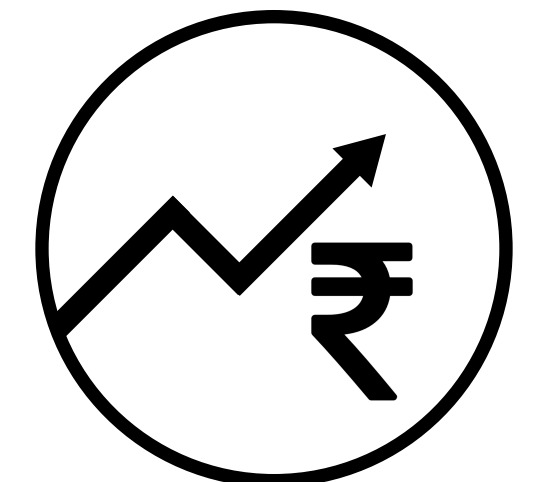
Income



Education



Household Facilities



Finance





## Best Practices

Our organization believes that learning from the best practices and experiences that we have encountered as an organization creates framework for more effective and efficient programs and operations.

The counselling sessions that we have provided to the distressed families was in itself a unique and path breaking experience that we have evolved in which the whole family was counselled so that we can involve everyone in our sessions and providing a harmonious environment for the family as a result of it. We received some amazing feedback and positive results and solutions. Problems like drug abuse, alcohol consumption were prevalent in the slum areas and we were able to tackle the issues of Domestic Violence by strengthening the community as a whole and also saw a significant improvement in quality of life. Women who were earlier constrained and were afraid to speak up for their rights found a new confidence in them and now they are able to express themselves without any hesitation and together could confidently tackle the problems of their own in future.

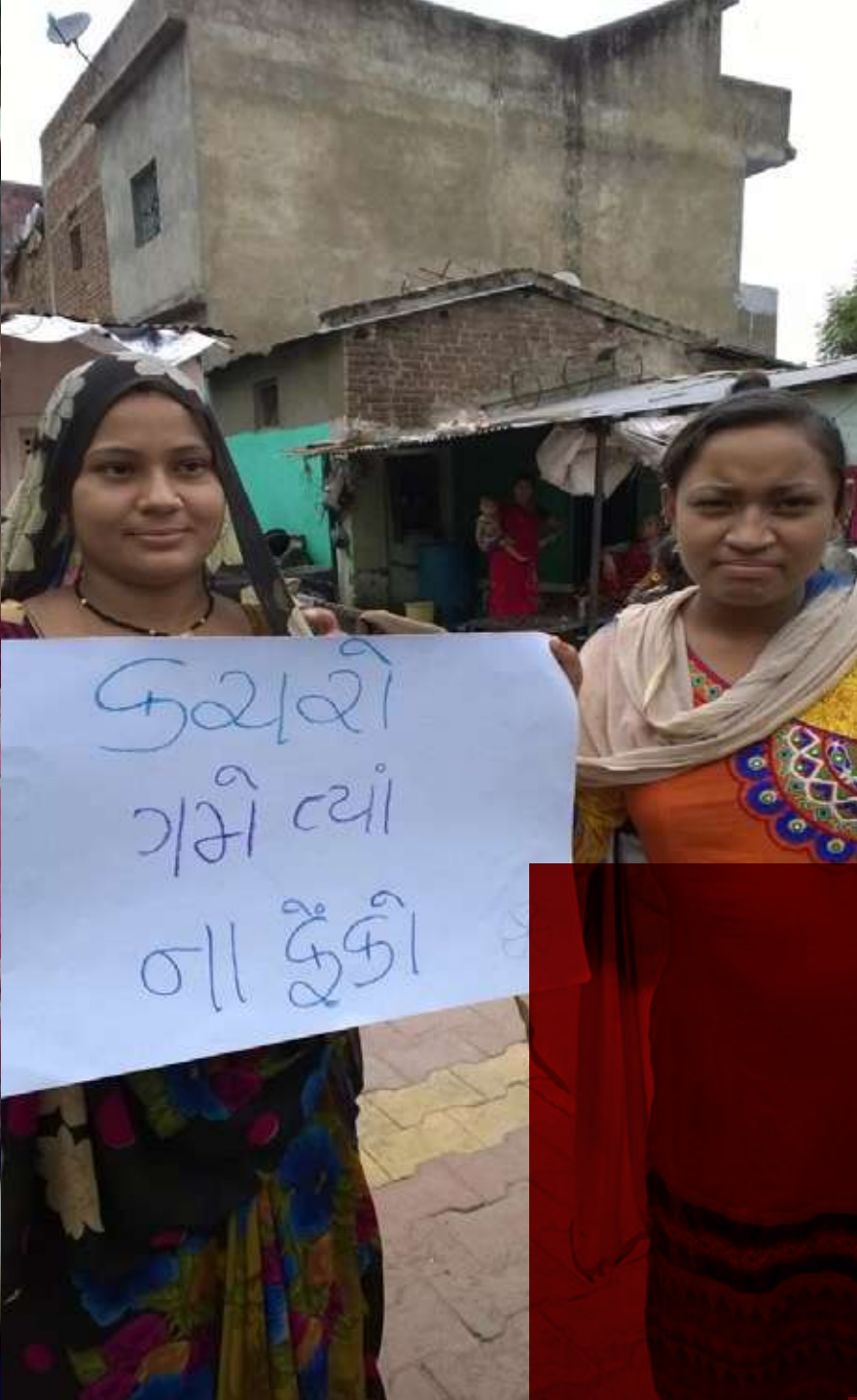
Also we helped the slum people in availing various government I'd proofs such as Aadhar Card, PAN card, Voter ID card which are a prerequisite nowadays in availing different government schemes but majority of the documents were not present so our coordinators went to different government offices to get their affidavit, bonafides for these I'd proofs and eventually they can be benefitted from the different government schemes.

We also opened JAN DHAN Account of different people as a part of our initiative. Earlier people were reluctant to open their bank accounts because of the trivia that existed before and with proper counselling people came to know the importance of bank account in availing subsidies and Direct Benefit Transfer (DBT) and know the importance of microfinance and microcredit but most importantly the women of the society felt empowered because after opening their accounts they started depositing their savings on a regular basis and gave them the feeling of financial empowerment.

BAL KILOL was started to cater the needs of those kids who were devoid of educations and as their parents used to work as a daily wage laborer or vegetable vendor in which along with the formal education, they were exposed to computer learning and also moral values like ethics and Indian culture to make them to responsible citizens of our nation.

Health awareness campaigns were organized at regular intervals with regular checkups and also awareness about contraceptives to be used which do not affect the health of the women and the importance of Family planning helped to make a difference and create an impact on the society by our diligent efforts.









Rami Ben

63 Yrs Old

## 1. Sankat Mochan Yojana

### Problem

Rami ben is a 63 year old lady who believes in sheer hardwork and earn her own living after the demise of her husband a year ago. She earns her living by attaching handles to polybags .

She and her husband were vegetable vendors and making good money, but as her husband was alcoholic he passed away at an early age without any savings. Her younger son went into depression after his father's death.

### Solution

So our Organization helped Rami Ben fill the form of Sankat Mochan Yojana and collected all the required documents and even assisting her to different government offices to avail the benefit.

### Impact

Finally she recieved an amount of Rs 20000/- and we are optimistic that this will help her in her difficult times.



A woman, Kanku Ben, is sitting on a wooden platform outdoors. She is wearing a green and pink headscarf and a patterned sari. She has a bindi on her forehead and is looking towards the camera. The background shows a wooden structure and some laundry hanging.

# Kanku Ben

## 60 Yrs Old

## 2. Jan Dhan Yojana

### Problem

Kanku ben a 60-year-old lady was coming from the Dena Bank after depositing her money and told us that earlier I used to hide my money safely from my husband as he once used all his money for his alcohol consumption during the time of medical emergency two years ago and his son health deteriorated during that time , and also sometimes there is no ration in their house during the month end.

### Solution

Wajra O' force helped her and many other people for getting enrolled under Jan Dhan Yojana by collecting all the relevant documents and also availing different ID proofs within a given timeline and coordinating with different bank officials. So in a true sense, financial inclusion of the people.

### Impact

She learned the importance of small savings every month and now she teaches the importance of savings to every one.





Vijay Bhai

56 Yrs Old

### 3. Viklang Sahay Yojana

#### Problem

Vijay bhai unfortunately met with an accident and was hospitalised for around 2 months due to which he lost his job, but with his will power and determination he runs a tailor shop along with the help of his family. But as he went to Municipal Corporation Office, he stood in queue for around 3 days to get the form but was unable to receive it.

#### Solution

Wajra O' Force foundation coordinators realised his situation and collected the documents required for the yojna and bearing all the expenditure.

#### Impact

Vijay Bhai finally received the benefit of the yojana in which he is entitled for free bus passes and further he also received a wheel chair, during our interview he requested as "Sahab yeh dekhiye meri dukan ke bijli ka bill , yeh commercial reading show krta hain" so we are in touch with Torrent power and we will be surely be able to subsidise his bill.





# Komal

## 19 Yrs Old

## 4. Government Scholarship

### Problem

Komal is a bright student and recently passed her 12th examinations with a score of 74% from commerce stream and started her B.Com. but her family was against her education and was not ready to pay her fees in future and wished that she get married soon.

### Solution

Our Organization came to know about this during our counselling sessions and helped her to open her Jan Dhan account. She also recieved her PAN card which made her eligible for government scholarship for minorities and after getting all the documents we filled her scholarship form and by pursuing the higher authorities she will recieve a scholarship of 5000 per annum and is also entitled for free education.

### Impact

It was a proud moment to hear from her that she wants to become an advocate in future and develop the society. She is the role model for every girl in the community.





# Bhikhi Ben

## 65 Yrs Old

## 5. Vay Vandana Yojana

### Problem

Bhikhi Ben, a 65 year old lady, is a very enthusiastic person and is full of life and a dominating woman who enjoys her work of supplying milk to the nearby houses. After the demise of her husband 5 years ago she has the responsibility of running the house on her shoulder and to carry livelihood activities so that her family can sustain themselves.

### Solution

Our coordinators helped her avail the benefits of the scheme and collected all the relevant documents. They also helped her fill the form for loan for dairy farming so that she can expand her business of milk distribution to the nearby areas.

### Impact

So finally she availed the amount of Rs 4500 and Rs 500 per month. So its worth to feel the satisfaction and impact that we can make in peoples life which will always inspire us to serve more people.



A photograph showing three women. One woman in a pink shawl is standing and writing on a clipboard. Another woman in a colorful sari is sitting on a white plastic chair, looking up at the woman with the clipboard. A third woman in a pink shawl is standing behind the seated woman, partially visible. They are outdoors, next to a light blue wall.

Seeta Ben

36 Yrs Old

## 6. Widow Pension Scheme

### Problem

On her husband's death a widow generally foresees a life full of misery and humiliation and as her husband died from deadly T.B. so after his death she was humiliated and even beaten by her in-laws and was about to commit suicide.

### Solution

Our Organization helped her to earn livelihood by selling vegetables and motivated her son to complete his education and provided her the benefits of widow pension scheme by travelling with her to different government offices.

### Impact

Finally she availed the benefits of pension yojana after 6 months of Rs 1000 per month. Seeta Ben is a regular student of our Mahila Saksharta Varg and has now learnt how to read and write by her determination and will power. We believe in providing emotive behaviour therapy to the people which helps in providing them a happier life and also creating a lifetime bond with us.



Geeta Ben

40 Yrs Old



## 7. Ration and Voter Id Card

### Problem

Geeta Ben has to pay all her hard earned money to buy ration as she has not received ration card to get subsidised ration and oil which affected her overall standard of living.

Voter Id card is a fundamental right in constitution which was denied to her.

### Solution

Our Organization has helped her to get her Ration Card by collecting all the required documents and subsequently her Voter Id card formalities were also completed by our coordinators in 15 days.

### Impact

She was spending a huge amount of money on ration and by getting the ration card within stipulated time, the money saved can be used for the education of her daughter and for upliftment of their living standards.



# Manisha

## 18 Yrs Old



## 8. Aadhar Card

### Problem

Manisha who attends our beauty parlour classes regularly didn't have an Aadhar Card with her which is nowadays mandatory to get different benefits like mobile connection, LPG subsidy through Ujjwala Yojana, Antyodaya Anna Yojana etc.

### Solution

Our Organization collected all the required documents that are needed to get an Aadhar Card and filled her form and submitted the documents to the Urban Civic Center and within 15 days she got her Aadhar Card.

### Impact

Manisha can now avail the benefits of Ujjwala scheme which can help her reduce drudgery and time spent on cooking which was earlier a major cause of illness for the household ladies and she can also avail the benefit of Antyodaya Anna Yojana which provides her subsidised food.





Raami Ben

80 Yrs Old

## 9. Pan, Aadhar and Vay Vandana Scheme

### Problem

We found that this old lady previously was plundered by various fraud people, and charging her extra for the above documents and then they ran away with her savings which she has kept for her medicines and her ration.

### Solution

Our organization has collected all the required documents that were needed for the above schemes and running from post to poll, with charging a single penny from her we were able to get all the relevant documents .

### Impact

She has availed the benefit of Vay Vandana scheme ,and with the help of the above documents various medical facilities at different civic centre can be availed by her .



# Hetal Ben

## 38 Yrs Old



## 10. Amrutam Card

### Problem

Healthcare is one of the most neglected amenities amongst the people of Saraspur because of the high cost and most people are neglecting it despite the fact that there have been many premature deaths in the area.

### Solution

During our conversation at the Urban Civic centre we came to know about the benefits of Amrutam Card in which the beneficiaries under this yojana can avail cashless surgical treatments of various ailments for all the BPL card holders.

### Impact

As they were spending huge amount of money on various medical treatments the money that was saved by our initiative was used in savings and renovation of our house and providing better education to their children.



Kanta Ben

22 Yrs Old



## 11. Sewing Classes

### Problem

Kanta Ben was dependent on his husband earnings even if she want to fulfill small necessities in life , and as belonging to a conservative community she was not allowed to work in the nearby areas and doing daily chores to make her own living.

### Solution

Wajra foundation in collaboration with Nehru Yuva kendra and monetary help from SBI started sewing classes as a step towards women empowerment and soon our efforts and their dedication started showing results and now the gleaming faces is our moment to cherish when the come to sewing classes.

### Impact

The impact created by sewing classes has been magnanimous and now we have 65 beneficiaries who are certified tailors now and earning their living by their hard work and motivating the others to be the part of our initiative.





# Domestic Violence Cases

The **longer** you remain  
silent, the stronger  
they get





Bruises **Fade** but the  
Pain Lasts **Forever**

## 1. Domestic Violence

### Problem

Domestic violence is one of the most prevalent problem that we have come across during our Saraspur and also involved physical violence like kicking , punching etc and sometimes the women needed to be hospitalised and despite our efforts to intervene we were not able to address the problem effectively

### Solution

Wajra foundation came up with an idea of counselling centres in which the husband and wife were counselled on a one to one basis by our coordinators as we knew that if this issue is not resolved effectively the domestic violence incidents would occur frequently in future

### Impact

Till date around 140 people have been successfully counselled by us and , the incidents of domestic violence have dropped considerably and the people are very much thankful to us by bringing back peace and happiness in their lives and even the people from the nearby slums are attending our counselling sessions





Becoming a **victim** is  
not a choice, but  
becoming a **survivor** is

## 2. Domestic Violence

### Problem

Kiran was shouting at the top of her voice and both the husband and wife were using vulgar language against each other which infuriated the situation even more and Kiran was locked in the neighbour house for around 2 hours so that situation can be under control. Their child Sonu was also being neglected and was not able to focus on his studies.

### Solution

All the coordinators of our organization took control of the situation as other people were mere spectators so our coordinators took over the situation calmly. These kind of incidents were regular in the slums and were not addressed due to which it also have a harsh mental impact on their children at a very young age , so during our counselling we wanted to address this situation and a 2 hour counselling was conducted with heated arguments in between but somehow we were able to bring the family on the same page and made them understand that these incidents can have very adverse effects.

### Impact

So they understood the gravity of the matter and from the past 6 months they have been living happily and Sonu has regained his earlier smile back.





### 3. Domestic Violence

Ranjana husband has been suffering from some serious medical impairment and was the only earning member in her family , but now he was bedridden and his brother in laws were not supporting in any income activities , so Ranjana started selling vegetables in the nearby market and started earning around 200-250 per day , but her brother in laws used to take up all the money and her mother in law accused her of neglecting her family and daily chores and her husband also used to beat her despite being the sole earning member , and she was fed up with his life and even her own family members were not supporting her.

After listening about the counselling centre , she came to our office and after listening to her story we came to know that she was planning to end her life because of all the atrocities that she faced and as we know that there are many legal actions that we can proceed but as we believe in building families, we called her entire family and counselled them and even assured that we will provide his husband cheap medical facilities and also persuaded her mother in law to enroll for mahila Saksharta Varg and we organised a meeting with other people who have been benefited by our initiative and talking to them they realised the importance of good environment and we opened Ranjana bank Jan Dhan account so that she can save the money for her future.

I discovered that **the monster**  
wasn't under the bed....the  
monster was **sleeping next to**  
**ME**





Domestic Violence causes far  
**more pain than** the visible  
marks of **bruises and scars**

## 4. Domestic Violence

Kavita was expecting her third child soon and being a mother of two girls she was being humiliated everyday and being abused and beaten up by her husband because of the patriarchal mindset of the people of the society and thinking a girl child as a burden to the family and so Kavita was hoping for a baby boy but to add to her agony her third child was also a girl child and despite being unable to recover from her delivery and the time when mother needs nutrition and nourishment for the child she was brutally beaten up by her husband and in laws and hearing this news we were firm that after counselling if the condition didn't improve we would definitely take legal actions as sometimes stern actions are required to give a message to the society.

So as they came for the counselling sessions we told that Kavita eldest daughter Aditi was bright in her studies and if guided well she can go miles ahead , and by telling them different success stories of women from different fields her husband was unshackled by the narrow minded approach that he used to carry and started crying in front of us, and from there it was a new beginning for the family and also sometimes we wonder that how much the society needed to be changed and it can be changed just by heart to heart human interactions.





# Domestic Violence Cases

The **longer** you remain  
silent, the **stronger**  
they get





# Domestic Violence Cases

The **longer** you remain  
silent, the **stronger**  
they get





## Social Impact

The best experience that we can have in our life is to elevate people around us .We present before you the stories of our superheroes, stories of change which will inspire and energize us and to build a beautiful life for the people of Saraspur with our work and affection

Dedicated to transforming lives, changing mindsets and bringing about change in the society



# Social Impact

## Mahila Saksharta Varg



We firmly believe that if you educate a Woman, you educate a generation.

## Bal Kilol



A place where students continue to learn and dream of a successful future.



# Social Impact

## Beauty Parlour Classes



Beauty Parlour classes were organised to encourage women to start working and become independent earners.

## Handicraft Classes



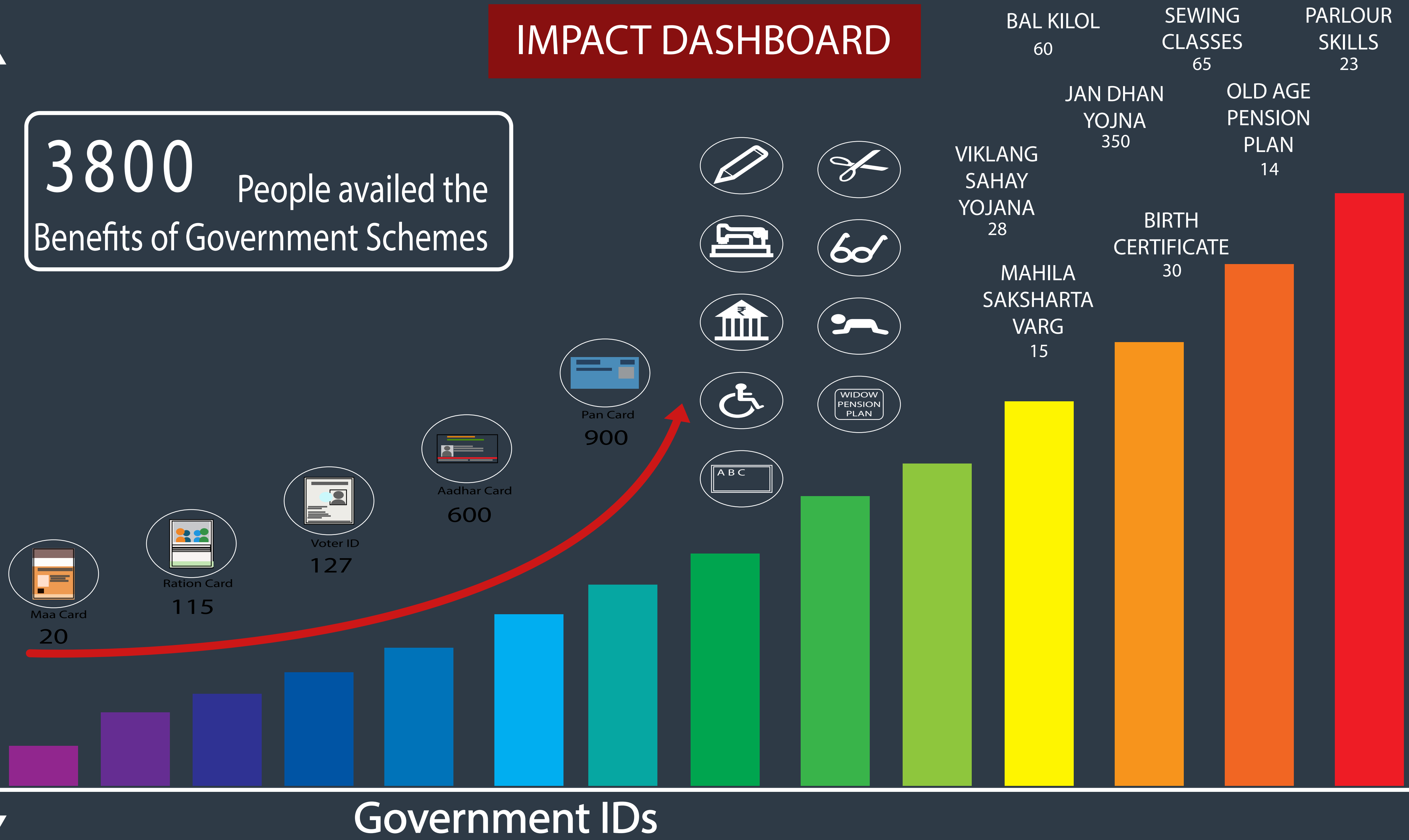
Handicraft classes were greatly appreciated as they were thoroughly enjoyed by the women of Saraspur.



# IMPACT DASHBOARD

3800 People availed the Benefits of Government Schemes

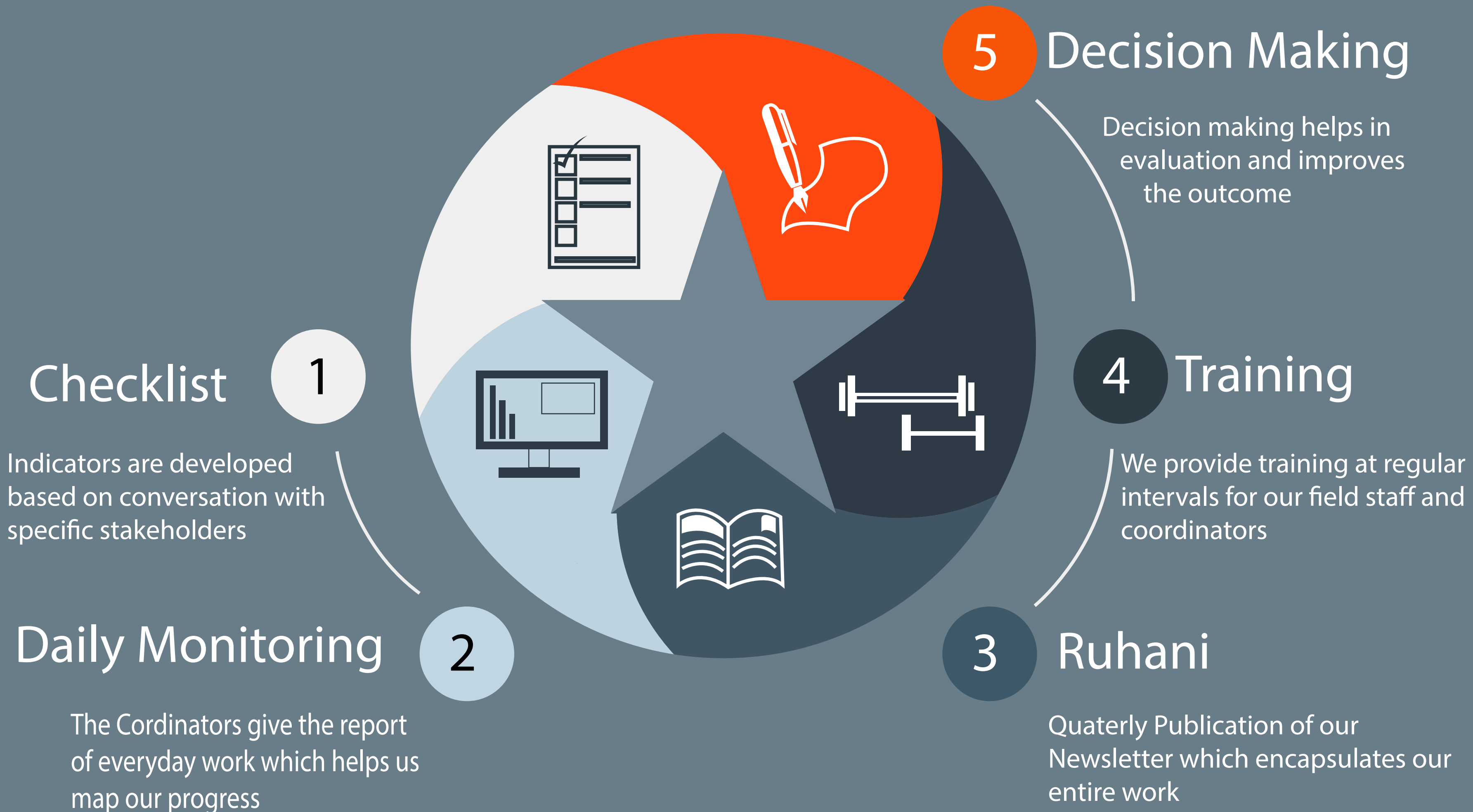
No. of Beneficiaries



Government IDs



# Impact Analysis



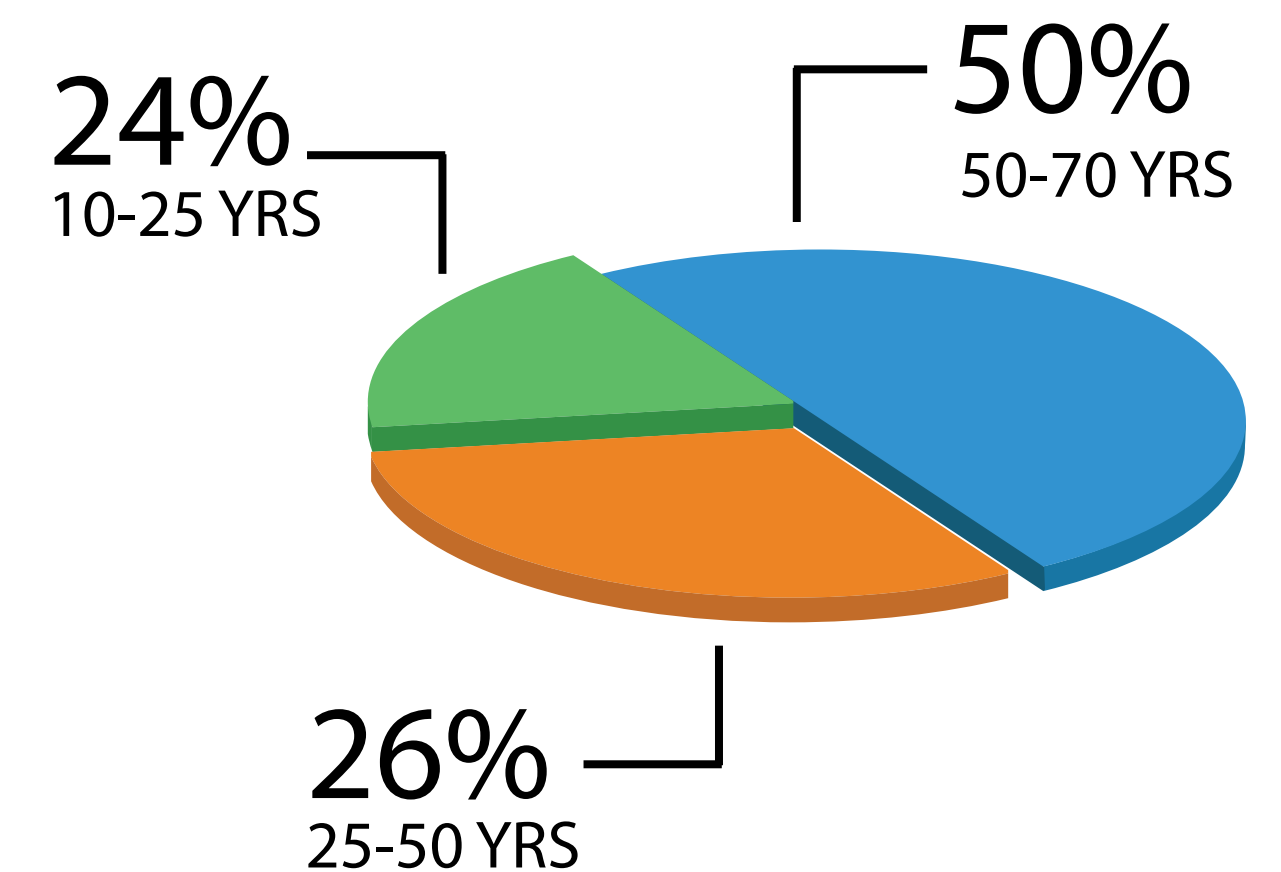
## Our Methodology

Social Audit

Awareness Campaign

Capacity Building

## Age Profile of our Beneficiaries







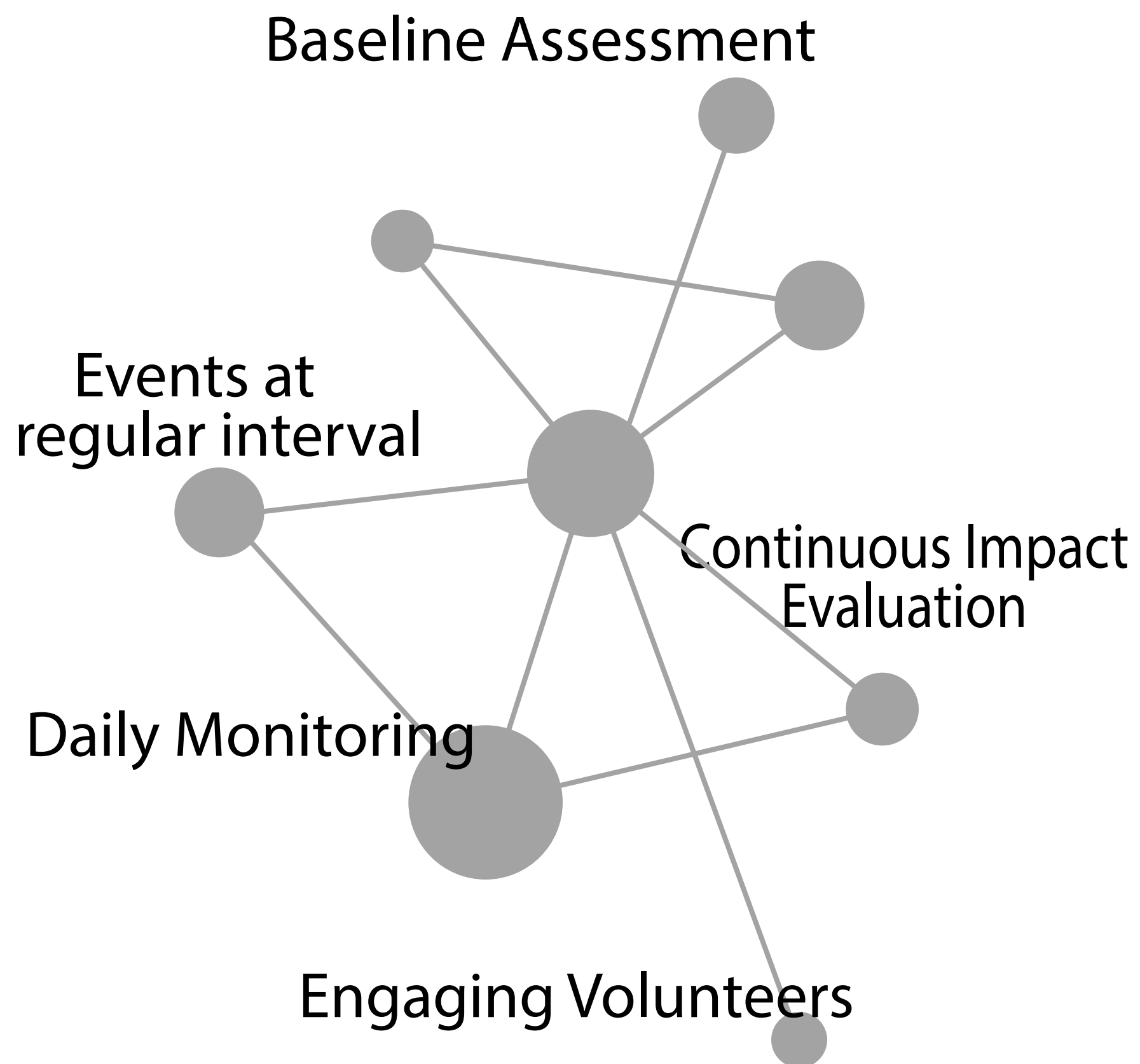
WAJRA O' FORCE  
EMPOWERMENT  
FOUNDATION

C S R

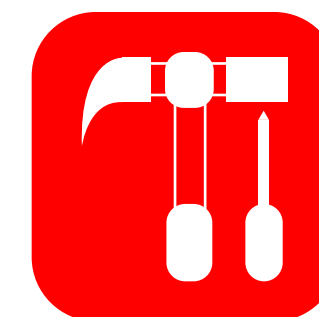
Corporate  
Sustainability  
and  
Responsibility

WAJRA O' FORCE  
( SARASPUR MODEL )  
has the capacity to  
address critical  
human needs and has  
the capability to  
deliver the journey of  
change PAN India

Wajra O' Force offers holistic impact by developing a whole region by creating a model of the work done in the slums which will eventually benefit the people on a large scale.



Solving the most pressing societal challenges and addressing the issues that create a long-term impact is a CSR priority.



## SKILL GENERATION

We drive towards generating skills that support financial inclusion and independence



## TRANSFORMING LIVES

We are conscientious about the impact that we create by our work



## SUSTAINABLE FUTURE

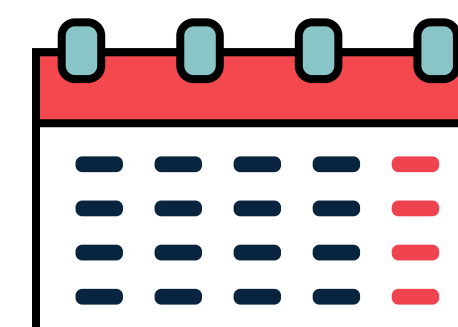
We are committed to provide a climate that stimulates and supports development



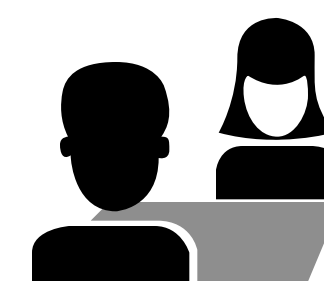
## COMMUNITY INVESTMENT

We invest in and encourage our employees to be active in our communities

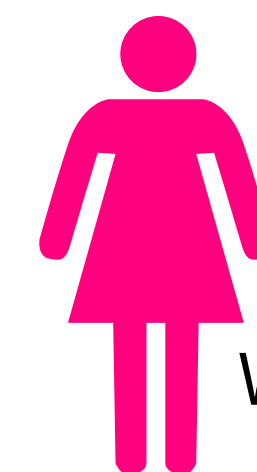
**28000** Hrs of  
Engagement



Weekly  
Social Audit



Regular  
Counselling



**70%**

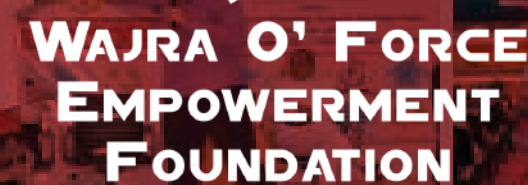
Women Benefitted



**30%**

Men Benefitted





# Our Initiatives & Projects

## ‘પોલીસ હાર્ટ’ મુસીબતગ્રસ્ત મહિલાને બચાવી

**આપાતકાલીન સેવા** કંદોલ ઉમમાં આવેલા મિસ્ત્ર કોલને દેસ કરી પોલીસ 20 મિનિટમાં પહોંચી




मिजिटोमा का रीते स्थल पर पहिली पोलीस

- પ્રીતિલે પાંચીસ કોટી રૂપિયામાંથી પણ વધારાનો ભાડો રાખી તેનો મોગાવાર પીપીઆઈ લીધો, પરંતુ મિલકત કોઈ પોતા કંટ્રોલ હુમાંથી નેક કોન્ટ્રેક્ટરના હોટેલમાંથી જામી કુલ મુલ્ય રૂ.૧૮ કરોડ મલિકના રૂ.૨૬લાખે વધારા આપતા તેનો મલિકના પોતાનીરૂઆતે વધારાનો લીધી હતી.
- પાંચીસ કરોડમાંથી વધુકે પાંચીસ કોટી રૂપિયાઓની મલકની નજર રાખવાનો તેને રૂ.૧૬કરોડના ભુદાનને લેવાનો નીમણું હતું, પરંતુ કંટ્રોલમાં પાંચીસ કરોડની મોગાવાર રૂપિયાઓની નજરનું જે એ સમજાનું હોવાના મિત્રતાએ તે રૂપિયાઓની લોનમાંથી જામીનું લેવાનું નવાજા સમજું હતું.
- ભાડો માટે રૂપિયામાં પાંચીસ લેવા જે પાંચીસકોટી રૂપિયાઓની મોગાવાર કુલ હોટેલમાં જામીન રૂ.૧૮ કરોડ મલિકનાથી પાંચીસ હતી. આમ માત્ર ૧૦ મિલિયનની રકમ રૂ.૧૬ કરોડની પાંચીસ હતી.

जेक भिमर छोटा कही लता लोभ्यापारिन्ना कहीम  
 हुममा जेठमा पोखरी कमचारीजे मुकामीना  
 मोहामिर्न लम्पड पूर पोखी छोटा कस्ता लेजे  
 रदवाले लुगपड लुगपामी होले, जेना पथले  
 पोखीले लेजे, कही माल ७० मिनिअमा

मुकामीने छोडपारी लेना पूर्व पति तथा लासिमा  
 सामि रनिमाता पोखीलम्पडमा मुनी कामले  
 कही ररपरा कही ले, जामिपारी लामोअमा  
 छोड पालेना देवद्रीन जेपारिनिमुनी रोजेती डे  
 पोखीले पति छोडे गो लामो पालेने पालेना

जयपमने  
 यलेर प  
 कही छो  
 लरती  
 उपमा

[illegible]





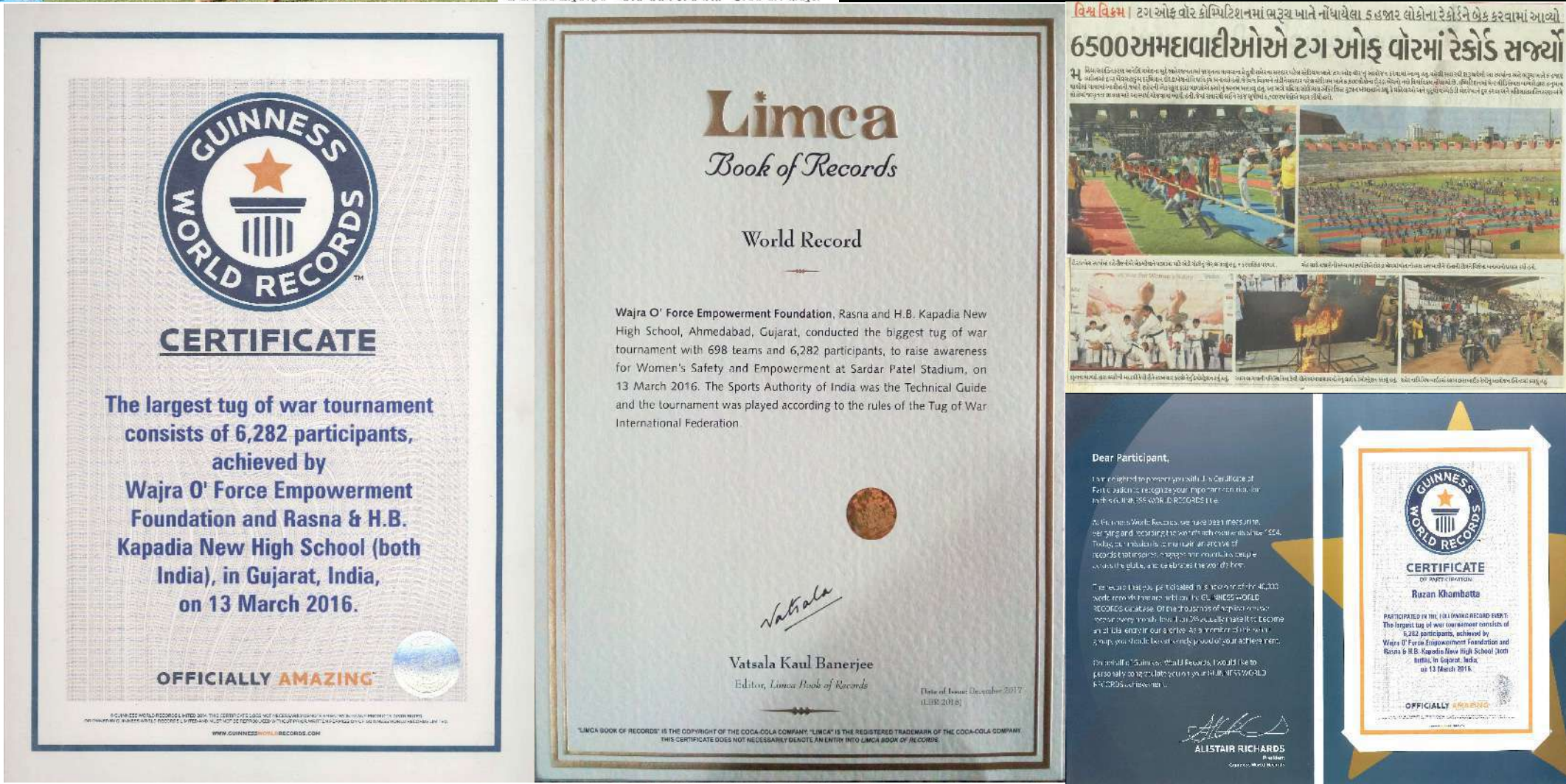
વિમેન એમ્પાવરમેન્ટ માટે ટગ ઓફ વોર

જોર લગાડે હઈયા...  
'ટગ ઓફ વોર'  
વિમેન એમ્પાવરમેન્ટ માટે  
2016માં આયોજાયેલ ટગ ઓફ વોર  
વિમેન એમ્પાવરમેન્ટ માટે  
2016માં આયોજાયેલ ટગ ઓફ વોર  
વિમેન એમ્પાવરમેન્ટ માટે  
2016માં આયોજાયેલ ટગ ઓફ વોર

અમદાવાદમાં વજ્જ ઓ'ફોર્સ દ્વારા યોજાયેલી સૌથી મોટી દોરડાં ખેંચ ('ટગ ઓફ વોર') ટુર્નામેન્ટનો ગીનીઝ વર્લ્ડ રેકોર્ડ નોંધાયો







Wajra O' Force Empowerment Foundation added a feather in its cap in the year 2017. When it smashed the Guinness World Record of the largest 'Tug of War' Tournament held in Ahmedabad, Gujarat, India. In addition to it, Wajra O' Force Empowerment Foundation also entitled the World Record in Limca Book of Records. It was carried out in a strong pitch for women's safety and the need for empowerment. The tournament saw 6,282 participants and 698 teams in a test of strength. This sport demands strong will and determination and the match was played as per the rules of the Tug of War International Federation. We broke the record of Bharuch District Administration wherein 4,672 people had participated in 2016.

Wajra O'Force Empowerment Foundation's theme for this tournament was "Tug of War - A war for Women Safety and Empowerment".

The objective behind breaking this record was that, We wanted to send a global message about Women Safety & Empowerment. We emphasize that, “Women Safety and Security is not a Gender Fight. It is a fight between Good and Evil.”

Life is a Tug of War. If you are a woman, you are always pulled along. Neither do you possess the strength nor the inclination to pull and win.

We wanted to aware people about continuous domestic violence, attack on women, inequality, malnutrition and low health care that is affecting the mothers and daughters of our society. Hence, through this unique show of strength a successful connect with the masses was established which resulted in large scale awareness and sensitizing them about women's issues with a bit of fun.

Sports Authority of India was the Technical Partner with support from Rasna, H. B. Kapadia and Gujarat Home Guards.

Highlights:

6,282 Participants 698 Teams 80 Officials 73 Volunteers 10 Stewards 03 Witnesses 02 Chartered Accountants

20 Tracks 41 Companies 34 Colleges 22 Schools 25 CCTV Cameras 120 Security Personnels

This was the first such initiative by a non-government institution to promote causes of women's safety, security, empowerment, skill development, employment opportunities, gender sensitization and self-defence using a game format. Teams from various schools, colleges and corporate houses competed with each other to win the coveted title.

For more info visit: <http://tugofwar.in/>







# મહિલાઓને વધુ સુરક્ષિત બનાવવા અમદાવાદ શહેર પોલીસની નવી પહેલ

## Police HEART

### Help Emergency Alert Rescue Terminal

મહિલા મુશ્કેલીમાં પોલીસહાર્ટ મદદમાં **1091** રજિસ્ટર કરો [www.policeheart.com](http://www.policeheart.com)


જાતીય સત્તામણી, માનસિક ત્રાસ, બળાત્કાર, લૂંટફાટ, દહેજ, ઘરેલુ હિંસા, અપહરણ, છેડતી

બહેનો અગર આપ મુશ્કેલીમાં હો... પુલિસ હાર્ટ ૧૦૯૧ કો કોલ કરો અભી કે અભી પુલિસ હાર્ટ ૧૦૯૧ આપ કી મદદ મે આચેગી અભી કે અભી




ડાયલ ૧૦૯૧





## સૌની સુરક્ષા, સૌનો સહકાર, સુરક્ષાનો રથ આવશે આપને દ્વાર.

ગામે-ગામ થશે એક જ વાત, સુરક્ષા, સલામતી અને સહકાર.





## મહિલા મુશ્કેલીમાં પોલીસ હાર્ટ મદદમાં SMS દ્વારા રજિસ્ટર કરો HEART ટાઈપ કરી 9227121091 ઉપર મોકલો or log on [www.policeheart.com](http://www.policeheart.com)

જાતીય સત્તામણી, માનસિક ત્રાસ, બળાત્કાર, લૂંટફાટ, દહેજ, ઘરેલુ હિંસા, અપહરણ, છેડતી

બહેનો અગર આપ મુશ્કેલીમાં હો... પુલિસ હાર્ટ ૧૦૯૧ કો કોલ કરો અભી કે અભી પુલિસ હાર્ટ ૧૦૯૧ આપ કી મદદ મે આચેગી અભી કે અભી



CALL 1091

## ડાયલ ૧૦૯૧

**પોલીસ હાર્ટ-૧૦૯૧ શું છે ?**  
હાર્ટ-૧૦૯૧ એમ્બુલન્સ જેવું જ છે. જ્યારે તમે સુરક્ષા સેટ પરથી કોલ કરો ત્યારે પોલીસ હાર્ટ-૧૦૯૧ સેટ પરથી કોલ કરો. જે તમને સુરક્ષા સેટ પરથી કોલ કરવાની મદદ કરશે.

**પોલીસ હાર્ટ-૧૦૯૧ કેવી રીતે તમારા મોબાઇલ/લેન્ડ લાઇનમાં કોનફીગ્યુર કરવું ?**  
૧. તમારા મોબાઇલ/લેન્ડ લાઇનમાં કોનફીગ્યુર કરવા માટે પોલીસ હાર્ટ-૧૦૯૧ સેટ પરથી કોલ કરો.  
૨. પોલીસ હાર્ટ-૧૦૯૧ સેટ પરથી કોલ કરવા માટે તમારું મોબાઇલ/લેન્ડ લાઇન નંબર ૯૨૨૭૧૨૧૨૧૦૯૧ પર રજિસ્ટર કરવું.  
૩. રજિસ્ટ્રેશન માટે <http://www.policeheart.com> / સ્માર્ટ ફોન પર HEART ટાઇપ કરી 9227121091 ઉપર SMS મોકલો. સ્માર્ટ ફોન પરથી કોલ કરવા માટે ડાયલ ૧૦૯૧ કરો.

**પોલીસ હાર્ટ-૧૦૯૧ મદદ મેળવવા શું કરવું ?**  
જ્યારે તમે સુરક્ષા સેટ પરથી કોલ કરો ત્યારે પોલીસ હાર્ટ-૧૦૯૧ સેટ પરથી કોલ કરો. જે તમને સુરક્ષા સેટ પરથી કોલ કરવાની મદદ કરશે.

**કેવી રીતે મદદ લેવી ?**  
૧. પોલીસ હાર્ટ-૧૦૯૧ સેટ પરથી કોલ કરવા માટે તમારું મોબાઇલ/લેન્ડ લાઇન નંબર ૯૨૨૭૧૨૧૨૧૦૯૧ પર રજિસ્ટર કરવું.  
૨. પોલીસ હાર્ટ-૧૦૯૧ સેટ પરથી કોલ કરવા માટે તમારું મોબાઇલ/લેન્ડ લાઇન નંબર ૯૨૨૭૧૨૧૨૧૦૯૧ પર રજિસ્ટર કરવું.  
૩. પોલીસ હાર્ટ-૧૦૯૧ સેટ પરથી કોલ કરવા માટે તમારું મોબાઇલ/લેન્ડ લાઇન નંબર ૯૨૨૭૧૨૧૨૧૦૯૧ પર રજિસ્ટર કરવું.

**પોલીસ હાર્ટ-૧૦૯૧ તમારે કેવી રીતે મદદ કરશે ?**  
૧. હાર્ટ-૧૦૯૧ સેટ પરથી કોલ કરવા માટે તમારું મોબાઇલ/લેન્ડ લાઇન નંબર ૯૨૨૭૧૨૧૨૧૦૯૧ પર રજિસ્ટર કરવું.  
૨. પોલીસ હાર્ટ-૧૦૯૧ સેટ પરથી કોલ કરવા માટે તમારું મોબાઇલ/લેન્ડ લાઇન નંબર ૯૨૨૭૧૨૧૨૧૦૯૧ પર રજિસ્ટર કરવું.  
૩. પોલીસ હાર્ટ-૧૦૯૧ સેટ પરથી કોલ કરવા માટે તમારું મોબાઇલ/લેન્ડ લાઇન નંબર ૯૨૨૭૧૨૧૨૧૦૯૧ પર રજિસ્ટર કરવું.

**શા માટે રજીસ્ટ્રેશન કરવું અગત્ય છે ?**  
રજીસ્ટ્રેશન કરવું <http://www.policeheart.com> પર સ્માર્ટ-ફોનથી, મોબાઇલ ફોનથી અથવા પી.સી.આર. વાન પરથી કરવું.  
૧. જ્યારે તમે સુરક્ષા સેટ પરથી કોલ કરો ત્યારે પોલીસ હાર્ટ-૧૦૯૧ સેટ પરથી કોલ કરો. જે તમને સુરક્ષા સેટ પરથી કોલ કરવાની મદદ કરશે.  
૨. જ્યારે તમે સુરક્ષા સેટ પરથી કોલ કરો ત્યારે પોલીસ હાર્ટ-૧૦૯૧ સેટ પરથી કોલ કરો. જે તમને સુરક્ષા સેટ પરથી કોલ કરવાની મદદ કરશે.

**HEART sends SMS to relatives with location so they get alerted and backup the rescue operation.**

**Benefits of HEART**

HEART gives the location to the police to urgently reach the spot and rescue the victim

**What is Police HEART-1091?**  
HEART-1091 is a Help Emergency Alert Rescue Terminal. HEART server is kept at Police control room. Whenever you are in an emergency situation then HEART would alert the police, your parents/relatives/friends and get your location if you are not in a position to speak.

**How to configure Police HEART-1091 service on your Mobile/Land Line?**  
1. In your mobile/land line address book save 1091 as Police HEART.  
2. Configure it as no. 1 in your speed dial key 3. Register your mobile no and your friend, relatives nos on the site <http://www.policeheart.com> or You can also register via SMS. Just type Heart and send SMS on 9227121091. You will receive a call from us to verify your registration details.

**When to use Police HEART-1091 ?**  
Whenever you are in an emergency situation like rape, molestation, eve teasing, domestic violence, kidnapping and you need urgent help from the police call 1091 (toll free).

**How to use?**  
Just press Speed Dial key in your Mobile/Land line. Alternatively you can also dial 1091.

**How Police HEART service works ?**  
1. HEART Server which is kept at Police Control room will pick up your call.  
2. Simultaneously Police Control room would also get alert flashed on their Computer screens.  
3. Do not disconnect the phone.  
4. Automatically you would get connected to the Police Operator who would try to speak with you.  
5. Even if you are unable to speak do not worry the Police Operator would be able to hear the background voices and analyze the situation.  
6. Very soon the Police Operator would get to know your location and a PCR (police control room) van which is nearest to your location would be sent to rescue you.  
Note: Police HEART-1091 services can be used from any mobile phone or any landline. It does not require a smart phone or GPS. Even if you are a roaming user you can use these services.

**Why registration is important ?**  
If in problem when you dial 1091. Other than police receiving your call for help, your Parents/Relatives/Friends will get a SMS Alert. It will also help police to get in touch with them and thus the response time can be reduced and you can receive help faster.





## Police HEART 1091

**Help Emergency Alert Rescue Terminal**

### મહાનગરોને વધુ સુરક્ષા મળવાવા અમદાવાદ શહેર પોલીસની નવી પહેલ

**Police HEART**

મહાનગર પોલીસના પોલીસ કન્ટ્રોલ રૂમમાં સ્થાપિત થયેલા પોલીસ હિટ એરટર્મિનલ (Police HEART) ના સુધારાથી નગરના નાગરિકોને વધુ સુરક્ષા મળવાવા અમદાવાદ શહેર પોલીસની નવી પહેલ છે.

### સાયલ ૧૦૯૧

	No need to speak નો કોલો કરવાની જરૂર નથી		Any Mobile કોલો કરવાની જરૂર નથી
	No Smart Phone કોલો કરવાની જરૂર નથી		Any Landline કોલો કરવાની જરૂર નથી
	No GPS કોલો કરવાની જરૂર નથી		Rescuing Users કોલો કરવાની જરૂર નથી

**Registration form**

Form HEART and send SMS on 9227121091

[Register at](#)

**સાથે HEART ૧૦૯૧ નો 9227121091 નંબર પર SMS મોકલો.**

અમદાવાદ પોલીસના પોલીસ કન્ટ્રોલ રૂમમાં સ્થાપિત થયેલા પોલીસ હિટ એરટર્મિનલ (Police HEART) ના સુધારાથી નગરના નાગરિકોને વધુ સુરક્ષા મળવાવા અમદાવાદ શહેર પોલીસની નવી પહેલ છે.

**સાયલ ૧૦૯૧**

HEART સર્વર જે કન્ટ્રોલ રૂમમાં સ્થાપિત છે તેના પર કોલ થાય છે. જેના પર કોલ કરનારની સ્થાન માહિતી મળે છે અને સુરક્ષા મળે છે.

**સાયલ ૧૦૯૧**

HEART સર્વર જે કન્ટ્રોલ રૂમમાં સ્થાપિત છે તેના પર કોલ થાય છે. જેના પર કોલ કરનારની સ્થાન માહિતી મળે છે અને સુરક્ષા મળે છે.

**સાયલ ૧૦૯૧**

HEART સર્વર જે કન્ટ્રોલ રૂમમાં સ્થાપિત છે તેના પર કોલ થાય છે. જેના પર કોલ કરનારની સ્થાન માહિતી મળે છે અને સુરક્ષા મળે છે.

**સાયલ ૧૦૯૧**

HEART સર્વર જે કન્ટ્રોલ રૂમમાં સ્થાપિત છે તેના પર કોલ થાય છે. જેના પર કોલ કરનારની સ્થાન માહિતી મળે છે અને સુરક્ષા મળે છે.



Hence she being Gujarat's well-known technocrat-&entrepreneur, thought we should use technology to curb crime-against-women as well as make them safer-&secure using technology. She contacted **Gujarat Home Department & Police Department** developed for the First-time in India the concept of PoliceHEART. This project was totally self-funded. She started raising voice against Women related issues, crimes, empower women.

**Benefits of HEART**

- The victim does not need to speak. Once it presses the speed dial key. She would get urgent help
- HEART gives the location to the police to urgently reach the spot and rescue the victim
- HEART sends SMS to relatives with location so they get alerted and backup the rescue operation.

**Requirements:**

- No need to speak
- No Smart Phone
- No GPS
- Any Mobile
- Any Landline
- Roaming Users

For more info visit: <http://www.policeheart.com/>



# PoliceHEART - 1091

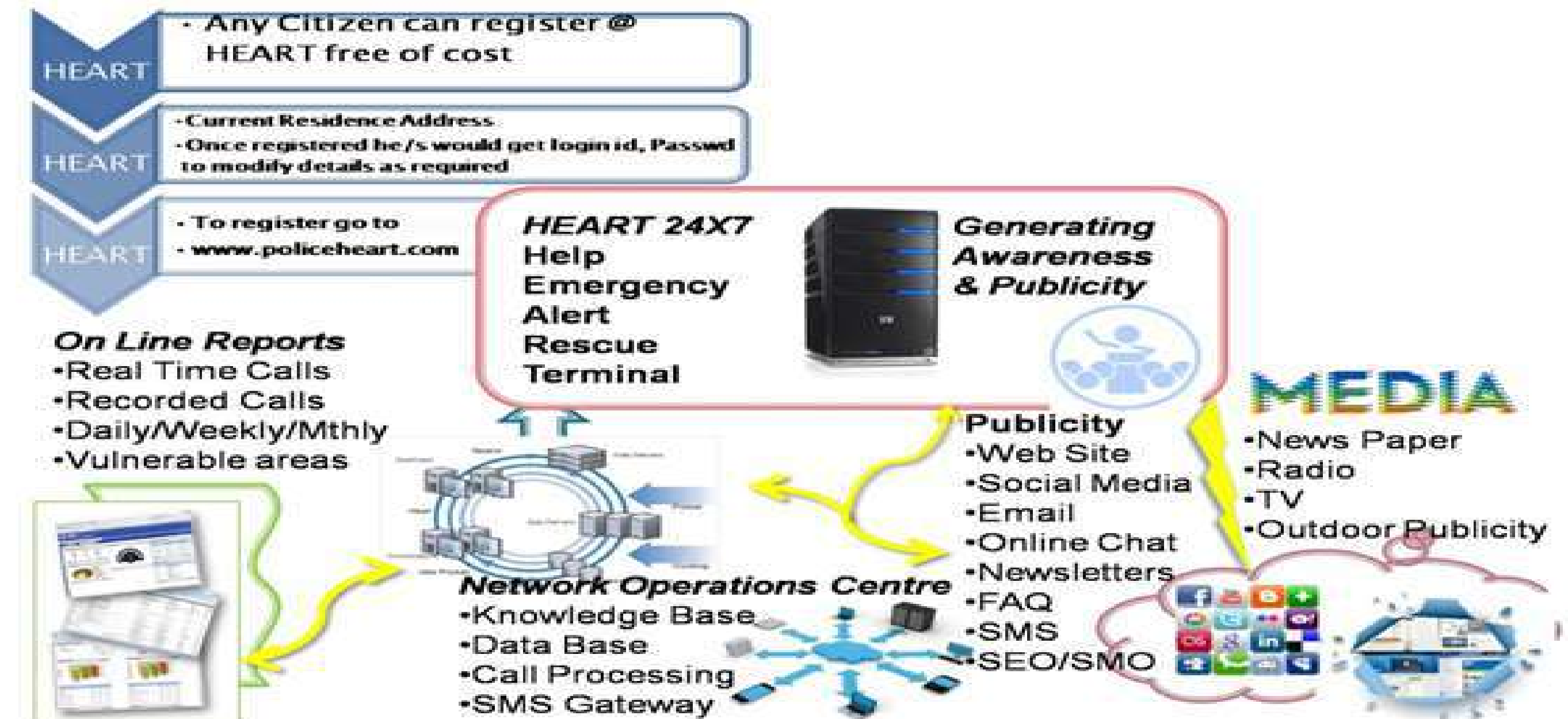
## When to use PoliceHEART 1091 ?

Whenever you are in a emergency situation like rape, molestation, eve teasing, domestic violence, kidnapping and you need urgent help from the police call 1091 (toll free)

## How Police HEART 1091 service works ?

1. HEART Server which is kept at Police Control room will pick up your call.
2. Simultaneously Police Control room would also get alert flashed on their computer screens.
3. Do not disconnect the phone.
4. Automatically you would get connected to the Police Operator who would try to speak with you.
5. Even if you are unable to speak do not worry the Police Operator would be able to hear the background voices and analyze the situation.
6. Very soon the Police Operator would get to know your location and a PCR van which is nearest to your location would be sent to rescue you.

## Overview of PoliceHEART-1091



For more info visit: <http://www.policeheart.com/>



# PoliceHEART - 1091

## Features of PoliceHEART 1091:

Sr. No.	Feature	100 - Dial	PoliceHEART
01.	Victim Able to speak	✓	✓
02.	Victim Unable to speak	✗	✓
03.	Police operator calls back and victim able to speak	✓	✓
04.	Police operator calls back and victim unable to speak	✗	✓
05.	Police operator calls back and victim's mobile un reachable	✗	✓
06.	Hoax Call Verification	✗	✓
07.	Debarring Hoax Calls	✗	✓
08.	Police gets help from Friends-Relatives Network (FRN)	✗	✓
09.	Victim's Friend-Relatives Network (FRN) also gets to know that their friend requires help	✗	✓
10.	Friend-Relatives Network (FRN) also gets to know the location	✗	✓
11.	Artificial Intelligence (Artificial Neural Network) for creating FRN Network Co-relation	✗	✓
12.	Tourist Safety-net	✗	✓
13.	Roaming User Help	✗	✓

For more info visit: <http://www.policeheart.com/>



PoliceHEART-1091: Since the beginning of PoliceHEART-1091 initiative, about **6134 - Women** are saved, rescued, helped in emergency situations like **Rape / Molestation / Eve-Teasing & Domestic-Violence**. HEART Help-Emergency-Alert-Rescue-Terminal, Women Helpline-Number initiated associating with Gujarat State Government, Gujarat Home Department & Gujarat Police has served the society the best way possible.

# 'Heart' saves woman from assault after distress call

# Police 'heart' beats for women in distress

**Started with the aim to rescue women, HEART has received more than 5000 calls in 8 months; cops have been able to intervene in most of them**



**HEART** (Heartbeat Emergency Action Team) is a police initiative aimed at rescuing women in distress. It has received more than 5000 calls in 8 months. The team has been able to intervene in most of them.

The initiative was launched by the Mumbai Police Commissioner's Office. It is a joint effort between the police and the women's community. The team consists of police officers and women volunteers. They are trained to handle situations where women are in distress. They provide them with shelter, food, and medical aid. They also help them to file a police report and take legal action against their abusers.

The team has been successful in rescuing many women who were in distress. They have helped them to start a new life and find employment. They have also helped them to get their children into school. The team is still working hard to help more women in distress.

**HEART** (Heartbeat Emergency Action Team) is a police initiative aimed at rescuing women in distress. It has received more than 5000 calls in 8 months. The team has been able to intervene in most of them.

[illegible]

# Cops arm women with 18 'weapons' against molesters

Under Saraksha Setu Scheme, police are educating women and schoolgirls on 18 sections under the IPC that could be used against stalkers and molesters

**Saraksha Setu** [shivajinagar.maharashtra.gov.in](http://shivajinagar.maharashtra.gov.in)

On Tuesday, Maharashtra's cabinet (late Shree) made changes to 18 of the anti-stalker provisions in Section 354 of the IPC, giving it more teeth. It means that now, if a woman is sexually harassed, she has got the certainty to report. And police can take up the case, if she alleges it. It is a step towards giving women the right to self-defence. It is a step towards giving women the right to self-defence. It is a step towards giving women the right to self-defence.

**M**ore women are now aware of the provisions in criminal law that can be used against sex offenders. Take the case of Shree, a student of St Xavier's College, who was molested by a student at St Xavier's College. She was molested by a student at St Xavier's College. She was molested by a student at St Xavier's College. She was molested by a student at St Xavier's College.

**TURN TO PAGE 63**

The pamphlets issued at all 38 sections of the IPC that could help women register FIR without having knowledge about the cops

## Sections under IPC that empower women

- 354 Section 354 of the IPC empowers women to file a complaint if they are sexually harassed by a man.
- 354A Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354B Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354C Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354D Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354E Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354F Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354G Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354H Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354I Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354J Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354K Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354L Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354M Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354N Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354O Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354P Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354Q Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354R Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354S Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354T Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354U Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354V Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354W Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354X Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354Y Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.
- 354Z Sexual harassment is defined as a man who makes an advance towards a woman with the intention of sexual intercourse.

[illegible][illegible]

મલિયા મુદ્દેદારોમાં પોલીસ હાર્ટ મદદમાં (www.policeheart.com) પર રજિસ્ટર કરો) પોલીસ હાર્ટ સાથે જોડવાથી થતા કાષ્ટદાઃ

- ગુનમ લેવપાટાઈન ૧૦૯૧ પર કોલ કરવાથી મુદ્દેદારોના સમયમાં જરૂરી મદદ.
- આજ સમયે પોલીસ હાર્ટ દ્વારા તમારા મિત્રો તેમજ સંબંધીઓને પણ જાણ માયા.
- સાથે સાથે પોલીસના વાનને પણ જાણ, જેથી તરત ધોરી જ વારમાં તો જે તે સ્થળ પર પહોંચાય છે.

**કેસ-૧**

૧૦૯૧ પર રિંગ વાગે છે... સામેથી અવાજ આવે છે... જહાડી ઓલો, મારી મખમીને ઘરના બપોર બપોરે, ૧૦ મિનિટમાં ફરી કોળ આવે છે, જહાડી ઓલો... સામેથી જવાબ મળે છે, બેટા પોલીસ તરત નીકળી ગઈ છે પર પહોંચવામાં જ હશે... ને બંદેખર આ એક કોળ કોલથી એ બહિસતાનો ભગ્વ બચી જાય છે.

**કેસ-૨**

૧૦૯૧ પર રિંગ વાગે છે... સામેથી ગમગણતો-કળાપોનો અવાજ આવે છે... કોટ્રોન કફોતા નહીં કે મેં કોળ કરેલો પણ મારાં સાસુ ને મને આજે લાવાવી દેવાનો પ્યાન કરે છે. તમે જહાડી ઓલો, મેં પહોંચનાની ટકારીને પણ તેમજ પોલીસને પોલીસ વેળે પહોંચનાની મિનિટોમાં નવી દેવનોહોલોને સહેલે ત્વાં પહોંચી જાય છે ને મા ક્રીડી બચી જાય છે.

દિલ્હીની નિર્બળના કિસ્ટા પાટીની એપેલા સમાજને આત્મવિશ્વાસ અપાવતી, નિર્બળતા અપાવતી આ સેવાની કામગીરી ડી. નાયક



# Awareness Campaign and Capacity Building for PoliceHEART - 1091



For more info visit: <http://www.policeheart.com/>



# Awareness Campaign and Capacity Building for PoliceHEART - 1091



For more info visit: <http://www.policeheart.com/>



# Testimonials for PoliceHEART - 1091



**Smt. Anandiben Patel**  
Hon. Chief Minister - Gujarat

Gujarat Police has started 1091 women help line. Wherever women require help then they can dial 1091 and get help. Gujarat gov has started different programmes like training women in self defence, creating Mahila Suraksh Samit etc. During the Hallabol programme women have become aware and she is fighting for her issues and not just fighting is the answer but to find ways out is necessary. It is necessary that women should not just depend on anybody but to make herself self reliant and also face problems with grit and courage.



**Shri Rajnibhai Patel**  
Hon. Home Minister -Gujarat

Our society has to change its ideology and mindset towards the problems of women. We have to motivate women. We have to make such efforts so that women should live in society with self respect and feel themselves secure. Our police and government are eager to help consistently. Ideology of POLICE HEART 1091 will spread across the society and work effectively towards the security of women. We wish with the help of police, sisters and mothers of Gujarat live and feel secure.



**Ruzan Khambatta**  
(Founder PoliceHEART 1091-Entrepreneur)

With the help of PoliceHEART 1091 let us all liberate India from crime against Women.



**Dr. S.K. Nanda, IAS**  
Former- Addl. Chief Secretary, Home Dept

Any panic button or distress call till now was never heard or attended but now with the new PoliceHEART 1091 technology in action, immediate rescue by an alert police will happen in no time to make women smile and have sigh of relief and suffer no more. Let us all ride this new application as vehicle for safety and security.



**Shri G.S. Aloria, IAS**  
Addl. Chief Secretary, Home Dept

1091 helpline by Gujarat Government is for women safety and security. When a women is being harnessed, molested, sexually assaulted, raped then she can call 1091. Even if she gives a missed call then police will call her back. If she is unable to speak then police will get her location and send the Police Van to rescue her urgently. So for the safety of women this is a very important step being taken. I am confident that women will instantly get help and the police dept and home dept are with them in times of need.



**Shri. P.C. THAKUR, IPS**  
Director General of Police – Gujarat

Any cry for help from dispossessed souls till now, in most of the times, was never heard or, if heard at all, was never responded for immediate help in emergency. But with the help of Police HEART 1091, let us begin a journey of sunshine ensuring total safety – “Soorya Kavach” – to women in distress and thus redeem our dreams of aspirational India where security to all shall be enshrined as a Mission ensuring every time, everywhere and anywhere



**Dr. Meera Ramnivas, IPS**  
(ADGP-CID Crime, Gujarat)

In current times women is facing lots of difficulties and problems. There are ways, means, laws and even rights to tackle these problems. Hence I appeal to all women that during times of difficulties without hesitation urgently contact PoliceHEART 1091. Police is ever ready and looks forward to help you and be at your service.



**Shri Manoj Agarwal, IPS (Law and Order Gujarat)**

To stop crime against women and to enhance women's safety and security Gujarat Police has taken concrete steps. 1091 Fight Back Right Now, is an important service for all women who require help of police in emergency situation like rape, molestation, domestic violence, kidnapping, eve teasing as well as in case of being harassed by indecent, vulgar phone calls or sms/mms/whatsapp. I urge all women to remember this no 1091 and police will react even on a missed call.



**Shri. Anil Pratham, IPS**  
(IGP Woman Cell & Crime CID Crime, Gujarat)

As head of Mahila Cell, It's my duty to take help of governmental and other willing systems to help and rescue women in distress. Police-Heart 1091 is doing same in excellent way. By availing this service women will feel safe and criminals will be taught proper lesson. I appeal to all women to get registered and take help.



For more info visit: <http://www.policeheart.com/>





# Defence O' Dance

દેશમાં પ્રથમ વખત જ મહિલાઓને 'ડાન્સ ઓ ડિફેન્સ' ની શીખ શરૂ કરવા માટે પ્રતિબદ્ધ કરવામાં આવ્યા હતા. અમદાવાદમાં રવિવારે સરદાર પટેલ સ્ટેડિયમ ખાતે વૃદ્ધ લેડીસના અને પોલીસ હાર્ટ ઓફ ૧૦૦૧ અંતર્ગત કાર્યક્રમ પ્રથમ વખત યોજાયો. વહેલી સવારથી જ પોલીસ ખાતાની મહિલાઓ અને પોલીસકર્મીનાં જોડાયા ઇન્ક્રીડિબલ, મેડિકલ કોલેજ સ્ટુડન્ટ, સ્કૂલ યુનિવર્સિટીની વિદ્યાર્થીનીઓએ ભારે ઉત્સાહથી ભાગ લીધો હતો. સ્ટેડિયમનું આખું મેદાન મહિલાઓથી ભરાઈ ગયું હતું.

મુખ્યમંત્રી આંદોલન પટેલે મહિલાઓની સુરક્ષા અને સન્માન માટે નારીસક્તિને પોતે જ પ્રેરણા અને આત્મવિશ્વાસ જગાવવાનું પદ્યવચન કહ્યું હતું. તેમણે વધુમાં જણાવ્યું હતું કે સુરક્ષા સેતુ અંતર્ગત ગુજરાતમાં એક લાખ મહિલાઓને સ્વચ્છતાની તાલીમ અપાઈ છે. આ કાર્યક્રમમાં ગુજરાતી, અમદાવાદના મેયર, અને મહારાજ અને પ્રીતી સહિતના ઉચ્ચ અધિકારીઓ હાજર રહ્યાં હતાં. મહિલાઓને 'ધામ, એલબી અને ડિલ વર્ડ' કરી રીડ સ્વચ્છ કરી શકાય છે તે એનિમી સમજાવવાના વિવિધ સ્ટેપ દ્વારા આપવામાં આવી હતી.

આ અને મુખ્ય સંચાલક ડૉક્ટર ખંભાતના જણાવ્યા મુજબ રૂંક સમયમાં જ ડિફેન્સ ઓ ડાન્સ આખી ઊભી કરવામાં આવશે. જેમાં સામાન્ય સુરક્ષા અને સલામતીની સમસ્યાની પીડિત મહિલાને તે જ વિસ્તારના સ્થાનિક અગતીઓની મદદ પૂરી પાડવામાં આવશે જેથી કરીને મહિલાને તેની જાતનાં સ્વયં મળી રહે જે માટે તે વિસ્તારના સ્થાનિક અગતીઓની નોંધણી કરી દેવામાં આવી છે. આગામી સમયમાં રાજકોટ અને વડોદરામાં આ પ્રકારનો કાર્યક્રમ યોજવામાં આવનાર છે.

કોટે રિપોર્ટ : જગજીવન





# Defence O' Dance

ઓઈન જીસી

ongc

Let's Keep Our Women Safe!

Let's Teach them the Art of Defence With a twist of dance.

Register Free For Defence O Dance

With the Blessings of & in the Presence of Hon Chief Minister of Gujarat Smt Anandiben patel

For the Empowerment of Being women

Help Emergency Alert Rescue Terminal

FIGHT BACK RIGHT NOW



## નવગુજરાત સમય

### યુવતીઓને સ્વભચાવના પાઠ ડ્રાન્સ અ ડિકેન્સનો અનોખો કાર્યક્રમ

નવગુજરાત સમય > રામદાવાદ

યુવતીઓ- મહિલાઓની છેડતી અને તેમની ઉપર અત્યાચારના વધતા જતા બનાવો અટકાવવા માટે હવે યુવતીઓએ જ સશક્ત બનવું પડશે. આ જ થીમ સાથે શહેરની વિદ્યાર્થીનીઓ અને મહિલાઓને સ્વભચાવના પાઠ ભણાવવા માટે સરદાર પટેલ સાથે ડિકેન્સ ડ્રાન્સ કાર્યક્રમ યોજાયો હતો જેમાં મહિલાઓને ડ્રાન્સ સાથે સ્વભચાવના પાઠ ભણાવવામાં આવ્યા હતા. આ પ્રસંગે મુખ્યમંત્રી આનંદીબેન પટેલે મહિલાઓને હિંમતવાન બનવા માટે હાકલ કરી હતી. સ્ટેડીયમમાં વહેલી સવારે ડિકેન્સ ડ્રાન્સ સ્ટેપ શિખવા માટે મોટી સંખ્યામાં યુવતીઓ અને મહિલાઓ પહોંચી ગઈ હતી. જેમના અભેર ઉપર પણ કાર્યક્રમના અંતે 'અત્યાચાર' સામે લડવાનો જુલો જોવા મળતો હતો.

જો યુવતીઓ સશક્ત બને તો તેમની છેડતી અને તેમના પરના અત્યાચારના બનાવો આપોઆપ રદ થઈ જાય તેમ કહેતા મુખ્યમંત્રી આનંદીબેન પટેલે શહેરની યુવતીઓને ગમે તેવી પરિસ્થિતિનો સામનો કરવા કહ્યું હતું. તેમણે વધુમાં જણાવ્યું હતું કે, અડધોઅડધ સંખ્યાબળ ધરાવતી નારી શક્તિના સ્વમાન ગૌરવને સમાજે અહમિયત આપવી જ રહી. રાજ્ય સરકાર દ્વારા સુરક્ષા સેતુ અંતર્ગત એક લાખ મહિલાને તાલીમ આપવામાં આવી હોવાનું પણ તેમણે જણાવ્યું હતું. નારીના સુરક્ષા અને સન્માન માટે સરકારના પ્રયાસો અને યોજનાઓ સાથે નારી શક્તિ સ્વયં હિંમત અને આત્મવિશ્વાસ જગાવે તેવી પણ અપીલ કરી હતી.

શહેરની યુવતીઓને ડ્રાન્સના જુદા જુદા સ્ટેપ સાથે સ્વભચાવના પાઠ શિખવવા અને તેમના માનસપટ ઉપર આ સ્ટેપની છબી અંકિત કરવા માટે અનોખો પ્રયાસ કરાયો હતો. સરદાર પટેલ સ્ટેડીયમ ખાતેના ડિકેન્સ ડ્રાન્સના કાર્યક્રમમાં કચોટે-કુંગુહના એક્સપર્ટ્સ દ્વારા યુવતીઓને કેવી ચિકટ પરિસ્થિતિમાં કેવા સ્ટેપ લઈ સ્વભચાવ કરી શકાય તે શિખવવામાં આવ્યું હતું જેમાં મોટી સંખ્યામાં સ્કૂલ-કોલેજની વિદ્યાર્થીનીઓ પણ ઉપસ્થિત રહી હતી. તજજ્ઞો દ્વારા સ્વરક્ષાના આ સ્ટેપને ડ્રાન્સના સ્ટેપ સાથે તેનું વારંવાર પુનરાવર્તન કરાવી યુવતીઓને તે સ્ટેપ યાદ કરાવી દેવાયા હતા. કાર્યક્રમમાં રાજ્યના પોલીસ વલ્લ, પી.સી.કાકુર, આઈ.પી.એસ મીરા રામનિવાસ, એચ.પી.સિંક, મેયર મિનાશી પટેલ, ક્રિગેડીયર પી.નારાયણ, ક્રિગેડીયર અરવિંદ કપુર, બ્રહ્મકુમારી સરલા દીદી ઉપસ્થિત રહ્યા હતા. મુખ્યમંત્રીએ આયોજન બદલ સોશિયલ એક્ટિવિસ્ટ રૂઝાન ખંભાતીને અભિનંદન આપ્યા હતા.

## 02 સિટી AHMEDABAD

સરદાર પટેલ સ્ટેડિયમમાં મહિલાઓને સ્વરક્ષાના પાઠ 'ડિકેન્સ ઓ ડ્રાન્સ'

રામદાવાદના સરદાર પટેલ સ્ટેડિયમમાં રવિવારે સવારે રાનોળો નજરો પોવા મળ્યો હતો. હજારોની સંખ્યામાં હાજર યુવતીઓને સુરક્ષા-સ્વમાન-ગૌરવની રક્ષા માટે સ્વરક્ષાના પાઠ શીખવવામાં આવ્યા હતા. 'ડિકેન્સ ઓ ડ્રાન્સ' કાર્યક્રમમાં મુખ્યમંત્રી આનંદીબેન પટેલે સહભાગી થઈને માર્ગદર્શન આપ્યું હતું. કાર્યક્રમમાં યુવતીઓએ જુડો અને કરાટેના વિવિધ નિર્દેશનો પણ રજૂ કર્યા હતા. સમાજમાં અડધો અડધ સંખ્યાબળ ધરાવતી નારી શક્તિના સ્વમાન ગૌરવને સમાજે અહેમિયત આપવી જ રહી. સાથોસાથ મહિલાઓએ પણ ડર-ભય દૂર કરી આત્મવિશ્વાસ કેળવવાની આદત કેળવી તેવી જોશથી તેમ મુખ્યમંત્રીએ જણાવ્યું હતું.

In today's world, it is hard to be a Woman. We all are aware of this increasingly scary issue that is gripping our country and its women every hour and minute. Ironically, this is the same country that reveres the Shakti,the Goddess in its celestial form yet forgets every thing when it comes to their real life Avatar. In the interiors of our homes amongst our family there are devils lurking everywhere. A girl cannot even describe her helplessness, and her loneliness or silence can lead her in trouble. It can reach her home, school, college or the dark lanes she travels!!! Well,that is where our latest sterling initiative occur **Defence O' Dance** to protect herself from situations like Rape, Molestation, Eve-teasing, DomesticViolence, Kidnapping.

The Defence O' Dance is designed based on **2 parts**.

- Prevent & Stop Violence & Sexual Harassment through **Mental Drill – 1st Line of Defence**.
- If needed, then using **2nd line of Defence - Self Defence**.

The concept of Defence O' Dance is primarily based on **two objectives**:

- To nip violence in the bud.
- To protect and stop GBV (gender based violence) & SH (sexual harrasment)

## What is Defence O' Dance?

- It empower women through a unique signature action concept- based initiative to teach 'never-to-forget' self defence for Women on theme of Fire of Freedom – Power of Mind.
- Learn the Art of Defence with a Twist of Dance**.
- Verbal & non-verbal methods to protect from GBV.
- Mental Drill to protect oneself during emergency situation and assault to overpower your opponent**.
- All these physical and mental skills and techniques have been specially designed so that it can help an 8 year old to an 80 year old.

## Why Defence O' Dance?

- To encourage girls, women to learn self defence in a 'never-to-forget' manner.
- To demonstrate that learning basic self defence is as simple as learning to dance**.
- How to overpower your opponent through Mental Drill.
- To create awareness for safety and security of Women**.
- Sisterhood and bonding that comes from doing something together, standing up for each other.

## What is Mental Drill?

- Mental Drill is all about '**SPEED, TWIST AND SKILL**'.
- Mental Drill consists of your Strong Voice, Aggressive Body language and Confident Eye Contact through which you have to prevail over the attacker without being brutal. Self defence is the second line of defence.

For more info visit: <http://defenceodance.com/>





# Defence O' Dance @ Sardar Patel Stadium

On February 1st, 2015, at the Sardar Patel Stadium, the Defence 'O' Dance began at 6.30 AM. Wherein Approx 25,000 women and girls of different age groups from 8 years to 80 years actively participated from all walks of life. There had a 30 minutes of special session of 'never-to-forget' self defence techniques. Alongside a unique session on Mental Drill to protect oneself during emergency situation and assault to overpower your opponent.

The then Chief Minister of Gujarat, Smt. Anandiben Patel graced the event as the Guest of Honor.

Other Dignitaries present at the Event were:

- The then Hon. Home Minister, Shri Rajnibhai Patel
- The then Mayor, Ahmedabad, Smt. Meenaxiben Patel
- DGP, Home Guards, Shri H.P. Singh, IPS
- VP AFWWA, Mrs. Devika Harikumar
- Brahmakumari Sarla Didi
- Exe. Director Asst; ONGC, Shri Yash Malik
- Air Marshal, C Harikumar, V.M. VSM
- The then DGP, Shri P C Thakur, IPS
- ADGP, Dr. Meera Ramnivas, IPS
- NCC (Group Commander), Brgdr. Arvind Kapoor
- Exe. Director & Head IRS, ONGC, Shri R.K. Sharma

Our Advisory Committee members:

Akshai Agarwal, Archit Bhatt, Chiranjeev Patel, Deepak Gandhi, Devang Patel, Jay Vasavda, Harsh Brahmbhatt, Kajal Oza Vaidya, M.N.Patel, Narendra Somani, P.K.Laheri, Ravi Saxena, Sharda Didi, Sonal Ambani, Talha Sareshwala, Umang Huteesing

Our Core Committee members:

Anurita Rathore, Asha Desai, Atrish Trivedi, Bhairavi Lakhani, Grishma Trivedi, Hemant Bhatt, Janki Vasant, Jignesh Vasavda, Jagruti Patel, Kusum Kaul, Manju Sharma, Mehul Patel, Mohit Bhatt, Mona Desai, Parthivi Adhyaru, Ritu Saraogi, Ruzan Khambatta, Usha Omana, Sujit Menon, Vanita Vyas, Vijay Acharya

For more info visit: <http://defenceodance.com/>



# Defence O' Dance @ Glance - Event Wise

## Sterling - Navi Mumbai:

The DOD Mega-Event done @ Sterling Navi Mumbai, on **4th Feb. 2018**. In this Mega-Event we trained about **1700 Girls & Women** aged from 8 Years to 80 Years.



## N.S.S. Camp, Ahmedabad:

The DOD workshop held @ N.S.S. Camp, collectively organised by **4 colleges**, PD Pandya Mahila College, NC Bodiwala College, Meghdoot College and Daxini Meghdoot College, on **8th Jan. 2020**. In this work shop we trained about **180 Students** collectively, including both **Boys and Girls**.



## P. D. Pandya Mahila College, Ahmedabad:

The DOD workshop held @ PD Pandya Mahila College, on **12th Feb. 2019**. In this workshop we trained about **450 girl Students**.

## L. D. Arts College, Ahmedabad:

The DOD workshop held @ LD Arts College, on **18th July 2019**. In this workshop we trained about **250 Girl Students**.

For more info visit: <http://defenceodance.com/>



# Defence O' Dance @ Glance - Event Wise



Shalin Education  
Trust, Ahmedabad:

The DOD workshop held @ Shalin Education Trust (Best English School), on 14th Dec.2019. In this workshop we trained about 325 Students collectively, including both Boys and Girls.

N.S.S. Camp,  
Vallabh Vidhyanagar:

The DOD workshop held @ N.S.S. Camp, Vallabh Vidhyanagar,. In this work shop we trained about 250 Students collectively, including both Boys and Girls.



Swaminarayan Vidyamandir, Ahmedabad:

The DOD workshops held @ Swaminarayan Vidyamandir, on various dates like, 24th July 2017 / 4th March 2018 / 26th March 2019 / 25th September 2019. In these various workshops we trained about 2000 Students inclusively.

For more info visit: <http://defenceodance.com/>



# Defence O' Dance @ Testimonials & Pledge

## Defence O' Dance Pledge

I will develop self-discipline in order to bring out the best in myself and others.

I will develop the skill of Self Reliant and Self Defence in myself.

I will help myself and others with Courage and Dignity, in times of distress.

I will practice the tactics of Self Defence and I will also try to teach others.

I will use my skills of Self Defence, only when it will be required.

I pledge to keep myself fit, educate our masses and reach out to the needy.

Jai HIND!!!

 <b>Defence O' Dance</b> Testimonials Avani patel Student (IT) it was a wonderful program. I really liked it. it increased My self confidence a lot Thanks.	 <b>Defence O' Dance</b> Testimonials Nehal Gadhi Director of company called Alaska Water Marketing working with DOD was great, first time I saw how simple good thought can get together so many people. I met so many important people and learned networking. And the entire team of DOD was great which worked day n night for the cause without any personal benefit. And specially saw a wonderful leader Ruzanji who single handedly put the entire event together. Heads off to her	 <b>Defence O' Dance</b> Testimonials Barad Bhumika Student (IT) it was a wonderful program. I really liked it. it increased My self confidence a lot Thanks.	 <b>Defence O' Dance</b> Testimonials Parmar Komal Student (IT) it was a wonderful program. I really liked it. it increased My self confidence a lot Thanks.	 <b>Defence O' Dance</b> Testimonials Komal Mehtaa, Political Strategist, Thought Provoking Writer n Speaker With the issues like domestic violence and eve teasing, Self defense is need to ladies. Defence O Dance was very powerful initiative. It helped us learn some techniques to tackle ourself in unsafe situations	 <b>Defence O' Dance</b> Testimonials Rachna nagevadia Administration & facility Manager Dear Ruzan Mam, first of all many congratulations to you and entire team of Defence O Dance. It was a wonderful initiative taken by you. Today Dod proves that nothing is impossible for women in this world. Dod gave us Strength to fight in any circumstances and make our self safe and free from any kind of fear. Thank you ruzaan mam
--	---	--	---	--	---

 <b>Defence O' Dance</b> Testimonials Dimple shah. A social worker Lioness arean co-chair person. After joining DOD group my confidence has increased. it was a very new experience for me!! Thanks ruzan ji for adding me in DOD.	 <b>Defence O' Dance</b> Testimonials Kusum kaul vyas Director Transsphere technologies Pvt. Ltd. DOD was a Selfless initiative for creating awareness, self confidence and courage in women of Gujarat through self defence techniques. The outcome of the vision ,hard work and implementation of the project by Ms. Ruzan Khambatta and her team was not only on present but the future generations to come when these girls will be mothers and grandmothers. Proud to be a part of the core team	 <b>Defence O' Dance</b> Testimonials Viraj shah Founder of Stree Manch DOD make me more confident & giving me strenth to fight in any circumstances.I believe in selfdefence but I had no idea bfore DOD.Today I know my strenth & capability due to DOD.Want to b a Part of DOD in future.A big Thank u to Ruzanji	 <b>Defence O' Dance</b> Testimonials Rutvi shah Assistant Professor and Coordinator at CPICA I got a chance to become the part of a wonderful program at SP stadium "Defence-O'Dance".Self defence is very crucial for girls in today's era.This program presented a very innovative concept of teaching defence techniques by combining dance with defence, this never-to-forger manner has definitely made a wide impact and made learning an easy process. It was indeed a commendable effort by Ruzan Khambatta team and Police Heart.
 <b>Defence O' Dance</b> Testimonials Parul s Tirkar Assistant professor Trough Defence O'Dance platform we learn self defence techniques through dance movement. Event teach us to be self reliant,self confidence and strong. it was really program of open our eyes to free of fear.	 <b>Defence O' Dance</b> Testimonials Modi Nilam Student (IT) it was a wonderful program. I really liked it. it increased My self confidence a lot Thanks.	 <b>Defence O' Dance</b> Testimonials Dr. Sujatha Sony Associte Professor Gujarat University It was a great experience co-ordinating with students & faculties of Gujarat University for DOD pgm. Students who participated enjoyed the whole process along with learning basics of self defence.....Dr.Sujatha Sony	 <b>Defence O' Dance</b> Testimonials Rashmi chauhan Lab Assistant This program taught us how to defence ourselves. it is very useful I really liked it. Thanks.

Since the initiative is introduced we have trained more than **59,000 Girls, Women and Children** of different age groups from different strata for Self-Defence including physical and Mental-techniques to ensure safety-security & prevention of Domestic-Violence. We are **still striving to train** more & more girls, women and children.

For more info visit: <http://defenceodance.com/>









# HALLA BOL

HallaBol is One of its kind of project in India. We have already completed **HallaBol season I & II** wherein we had an objective to generate mass awareness, teaching as well as training of Women Safety-Security, Self Defence, Cyber Safety for women, Drug Free and Healthy Life was done in Anganwadis, Schools, Colleges, Organisations, Corporates, MSMSE, SME, Clubs across Gujarat.

With our efforts in HallaBol season I & II, we were able to make an enormous Impact in the society. Wherein cumulatively, More than **14,12,233 people** actively participated.

## Halla Bol was supported by:

- Healthy Campus
- **Narcotics Control Bureau - Government of India**
- Surakshasetu Society of Government of Gujarat
- **Directorate of Employment, Training & Rural Development Department - Government of Gujarat.**
- **PoliceHEART 1091**
- **Education Department - Government of Gujarat**
- **Women & Child Development Department Government of Gujarat**

The then Hon'ble Governor of Gujarat, **Shri O.P. Kohli** was the **Chief Guest** for the closing ceremony of Hallabol Season II

## Other Dignitaries present for different sessions at various places were:

- |  |  |
|--|--|
| ¶ <b>Dr. S.K. Nanda, IAS</b><br>(Addl Chief Secretary, Home Dept)                | ¶ <b>Shri. Anil Pratham, IPS</b><br>(ADGP, Women Cell, CID-Crime)                |
| ¶ <b>Dr. Meera Ramnivas, IPS</b><br>(IGP CID-Crime)                              | ¶ <b>Shri. Hariom Gandhi</b><br>Zonal Director, Gujarat Narcotics Control Bureau |
| ¶ <b>Smt. Leelaben Ankoliya</b><br>(Chairperson State Mahila Aayog)              | ¶ <b>Shri. P.D. Vaghela, IAS</b><br>(Commissioner, Commercial Tax Dept)          |
| ¶ <b>Shri. Gautam Shah</b><br>Mayor Ahmedabad                                    | ¶ <b>Shri. M.N.Patel</b><br>(Gujarat University, Vice Chancellor)                |
| ¶ <b>Shri V.M. Parghi, IPS</b><br>(ADGP Law and Order)                           | ¶ <b>Dr. Harbeen Arora</b><br>(Chancellor, Rai University)                       |
| ¶ <b>Smt. Rajul Gajjar</b><br>Gujarat Technology University, I/C Vice Chancellor | ¶ <b>Shri. Yogesh Gadhvi</b><br>(Chairman, Gujarat Rajya Sangeet Academy)        |
| ¶ <b>Dr. Anup Singh</b><br>Director General, Nirma University                    | ¶ <b>Dr. Brijraj Sinh Gohil</b><br>(Div. Commander & PRO Home Guards)            |

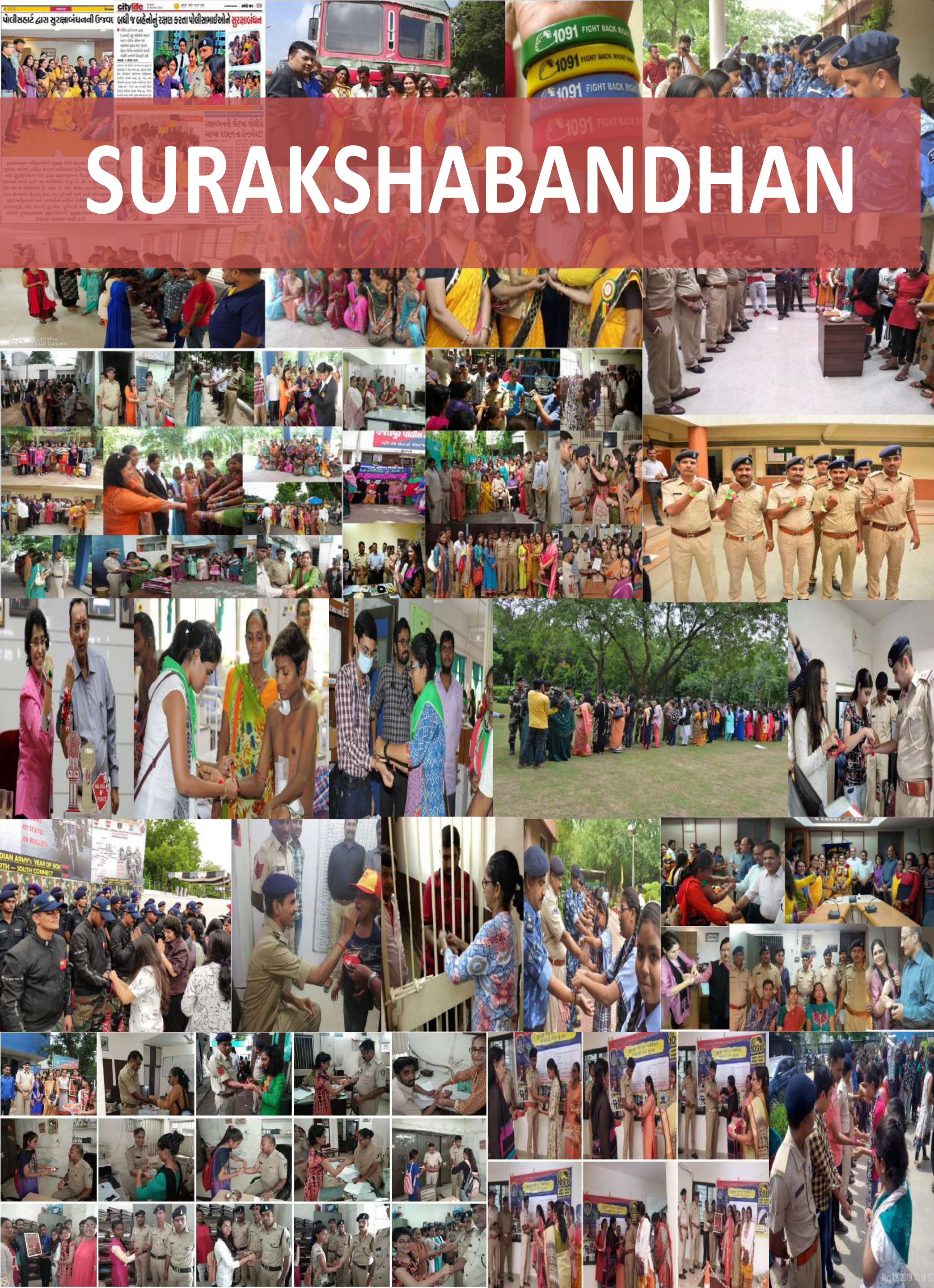
For more info visit: <http://www.ruzankhambatta.com/wizzo1/hallabol/>





# Surakshabandhan





Wajra O' Force Empowerment Foundation started the **Surakshabandhan** celebration under the flagship of PoliceHEART - 1091, in the year 2014. Since 2014 every year we celebrate Surakshabandhan at a very large scale. Wherein more than **2000 women and children** (from various social organizations, schools, colleges, NGOs, housewives etc.) joins us in this unique initiative and celebrating Su-Raksha Bandhan with **Police, Traffic Police, Indian Army, Indian Air Force, RAF, CRPF, BSF, Home Guards, Criminals in lockup, Sabarmati Jail, Coolies, Patients, Doctors and Helathcare staff at Civil hospital and Truck drivers** regardless of cast, creed, religion all over Gujarat. Majorly Ahmedabad, Baroda, Anand, Porbander, Junagadh, Gandhinagar. In this initiative till date we have tied more than **25,000 Rakhis** and also the "1091 - Fight Back Right Now" - Surakshabands.

There are **3 Main objectives** behind celebrating Surakshabandhan:

- **To thank them all for protecting us**
- To bridge the gap between them and women. So that women gain confidence in their activities as well as donot be afraid to go to seek their help when required.
- **To generate awareness that 1091 is always with them 24x7.**

Alongside the above objectives, we also tend to spread the **social messages**:

- **Thanks for protecting and taking care of Women Safety Security and all Citizens.**
- Please respect women and take care of their dignity.
- **Take care of their health and refrain from bad habits like smoking, chewing tobacco etc.**
- Please see that the women get full advantage of the laws which are for them.
- **Women are not deprived of Justice.**
- Specially to lockup-criminals we told them to pledge that they will leave criminal activities.
- **For truck drivers. Please drive safely and refrain from bad habits like smoking, chewing tobacco etc. Also urged them that, If a women asks for lift pls give it to her and protect her.**
- For traffic police. Take care of there health and and refrain from bad habits like smoking, chewing tobacco etc.
- **For traffic offenders. We told them to drive carefully and take care of women, senior citizen and also reminded that a sister is waiting for them back home.**

Many of the Police Officers got emotional for this kind gesture of ours. Also they gave a speech to these women and children, assuring that their **priority** is **Women Safety and Security**. They are there to protect them.

This unique and kind initiaive of Wajra O' Force also built a harmonious and lovable relationship between the Police forces and People. The women and children who participated in this initiative were happy and joyous. They also stated that, "**they were always afraid of Police and hesitant to go to Police Station. But now as they have visit every year to celebrate in this festival. They gain confidence and feels safe as they believe that police is there to protect them.**" They were touched by the humanitarian behavior of Police.

Always it indeed is a wonderful, divine, exhilarating feeling and experience for all every year when they celebrate Surakshabandhan with Police Officials and the other Armed Forces as well as other sectors among the society.

For more info visit: <http://ruzankhambatta.com/wizzo1/surakshabandhan-2/>





# LIFE SKILLS TRAINING FOR LIFE

“ ۞ ”





# LIFE SKILLS TRAINING FOR LIFE “”



A special Training module for Children to develop life skills like Interpersonal, Socializing, Decision-Making, Critical-Thinking, Health-Hygiene, Leadership, Self-confidence, Safety-Security, coping with peer-pressure etc. Especially training & explaining about good touch-bad touch & giving basics about mental drill as well as self defence for preventing abuse & violence.

**Target group:** 6 to 16 years

## Objective:

1. Understanding Gender Equality, Gender Sensitization
2. Changing attitude & norms.
3. To achieve their personal goals & to make informed decision for better health & wellbeing.
4. Optimal & Holistic personal development
5. Develop Critical thinking, Problem solving skills, Individual initiative, Interpersonal, Inquiring skills
6. Acquiring knowledge of moral standards & health practices that will prepare them for responsible family & community life
7. Learning skills to interact with members of community
8. How to protect oneself & others
9. Nipping Domestic Violence in the bud
10. Acquiring knowledge & understanding of society, appreciation of their culture, traditions, songs, ceremonies, customs, social norms
11. To build capacity & skills of teachers & schools need to address adolescent issues.

## Assessment Method:

Post Assessment Technique compared with baseline assessment. For Self Defence it is based on Competition.



# LIFE SKILLS TRAINING FOR LIFE “હું”

By far in 4 different projects, Wajra O' Force Empowerment Foundation has conducted this special Training module for about **4600 Children** cumulatively. Wherein we tend to develop life skills like Interpersonal, Socializing, Decision-Making, Critical-Thinking, Health-Hygiene, Leadership, Self-confidence, Safety-Security, coping with peer-pressure etc. Especially training & explaining about good touch-bad touch & giving basics about mental drill as well as self defence for preventing abuse & violence.

## Our Projects Were Supported By:

Life Skills Project 1 - British Deputy High Commission for Gujarat and Rajasthan.

Life Skills Project 2 - Gujarat CSR Authority.

Life Skills Project 3 - Heart Foundation And Research Institute.

Life Skills Project 4 - Ahmedabad Jilla Panchayat (District Development Officer).



British Deputy  
High Commission  
Ahmedabad



HEART  
FOUNDATION &  
RESEARCH INSTITUTE

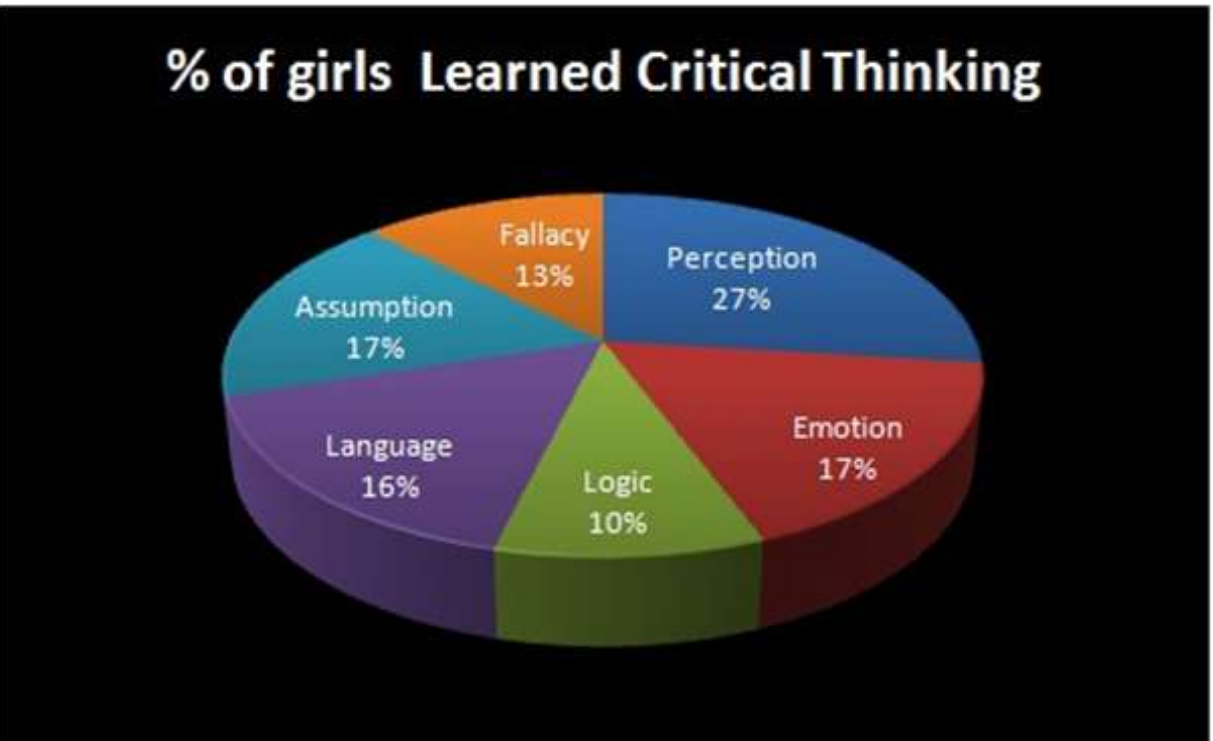
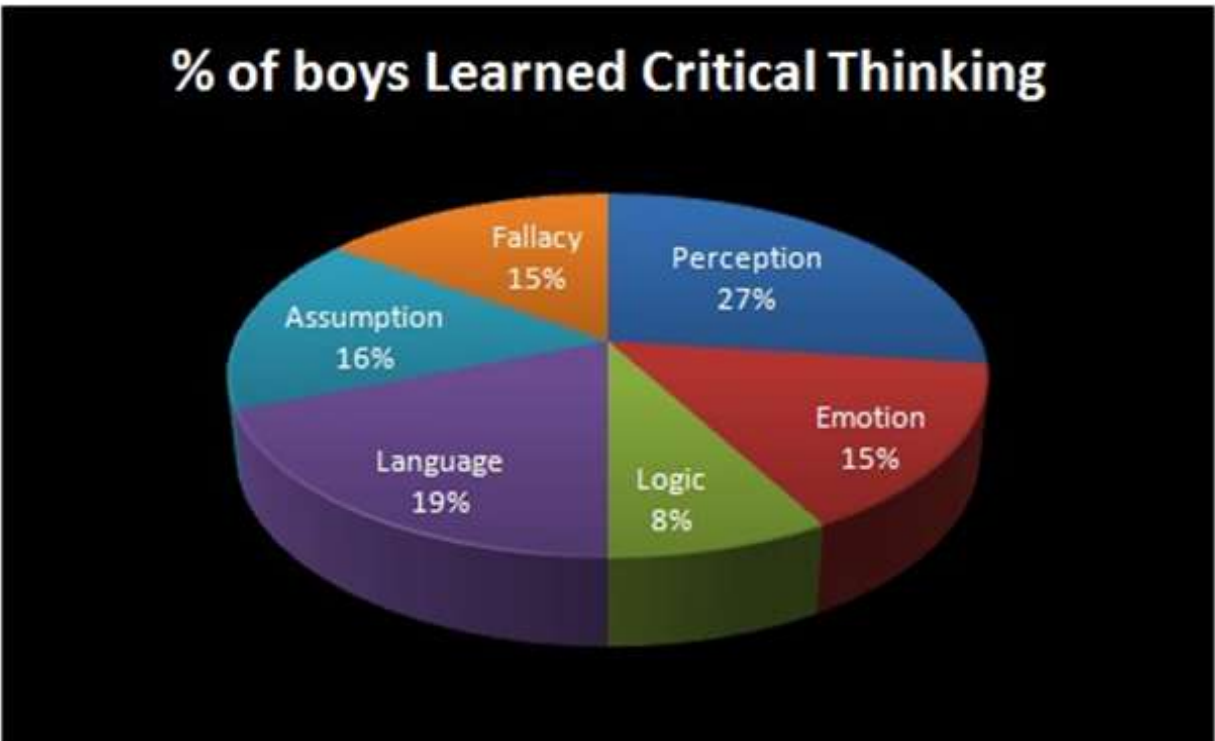
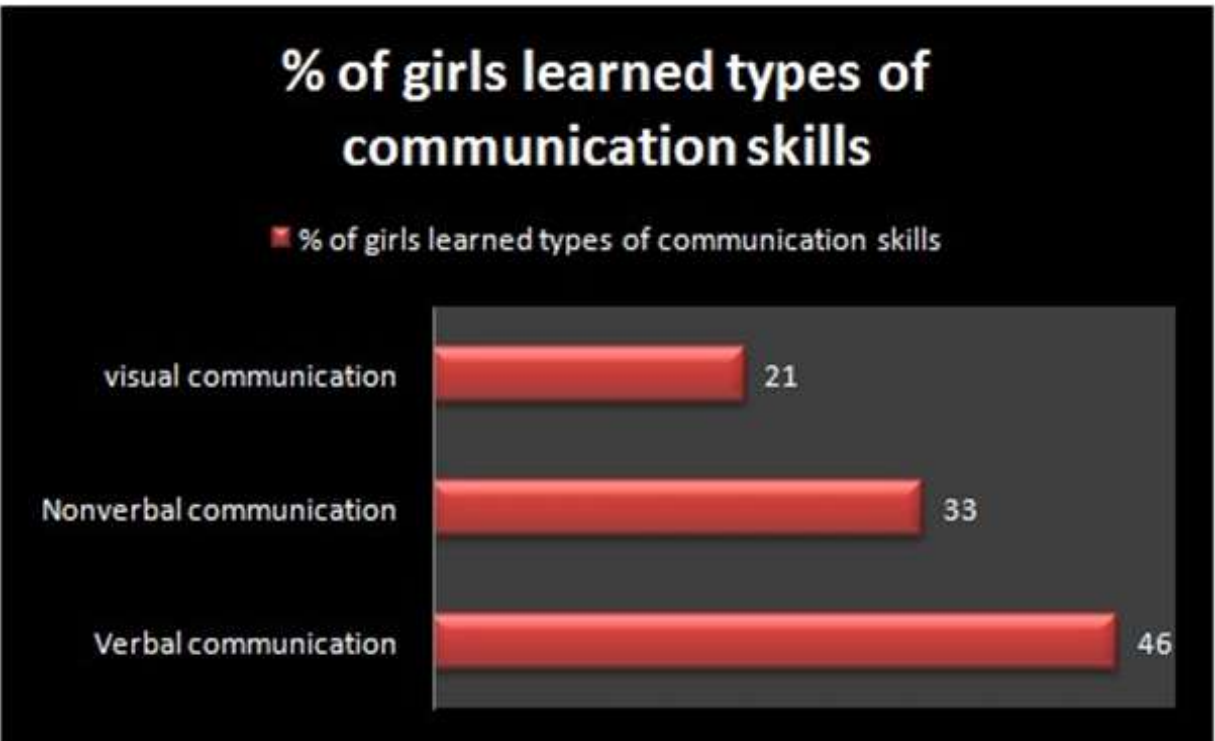
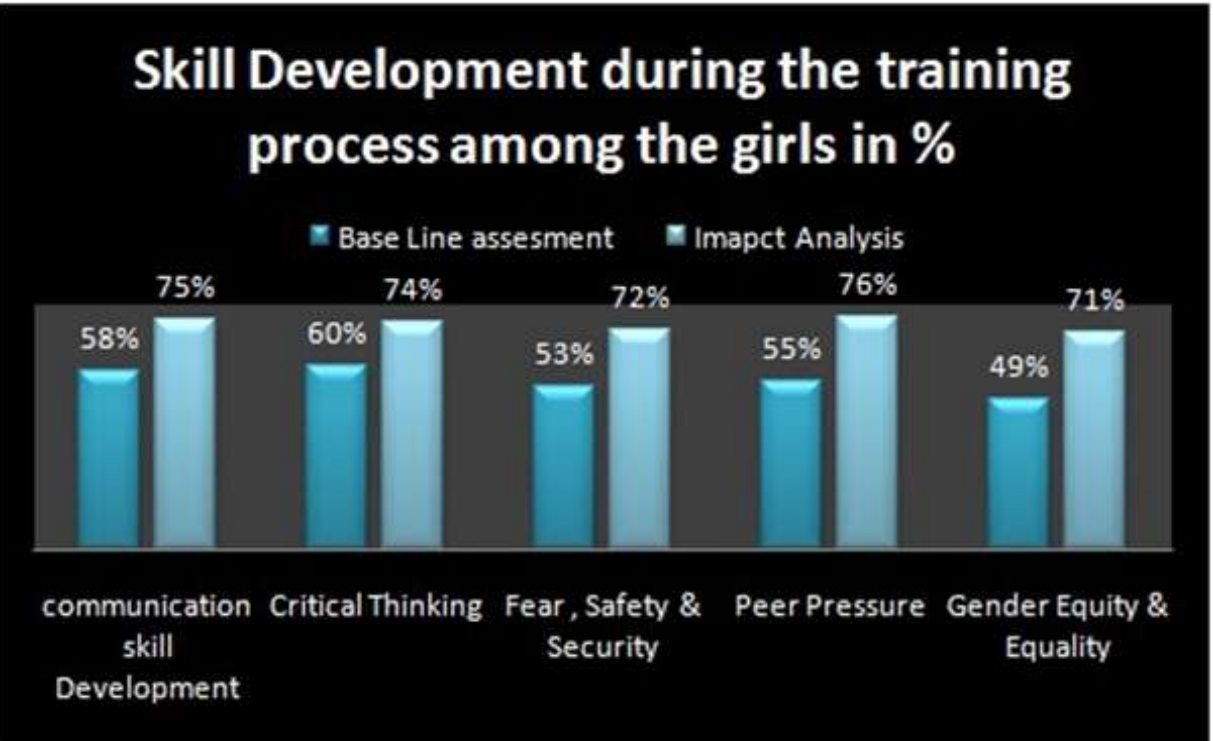
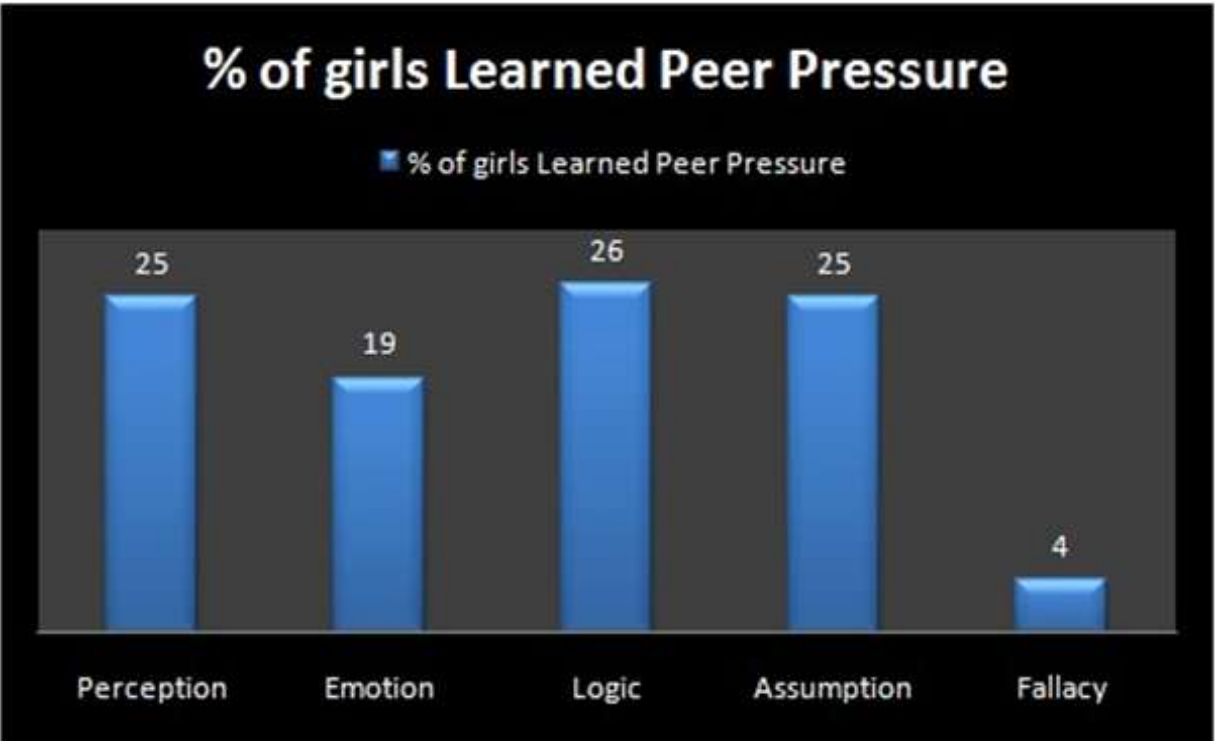
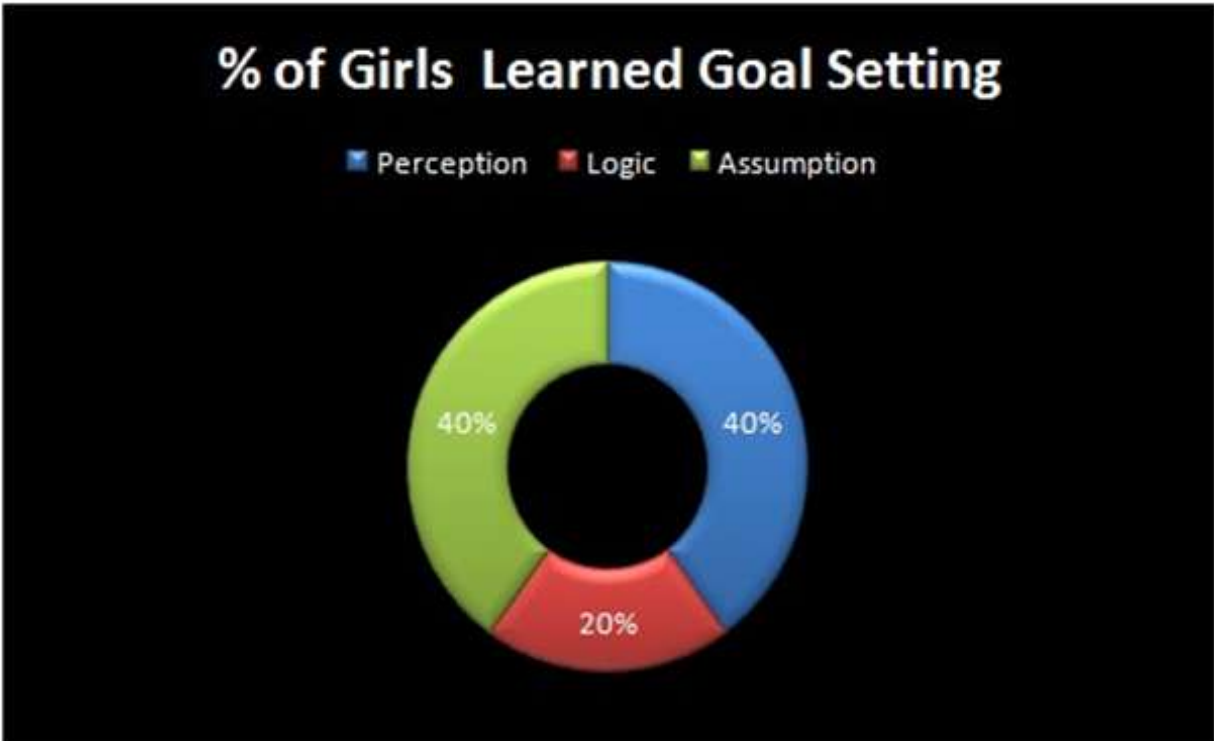
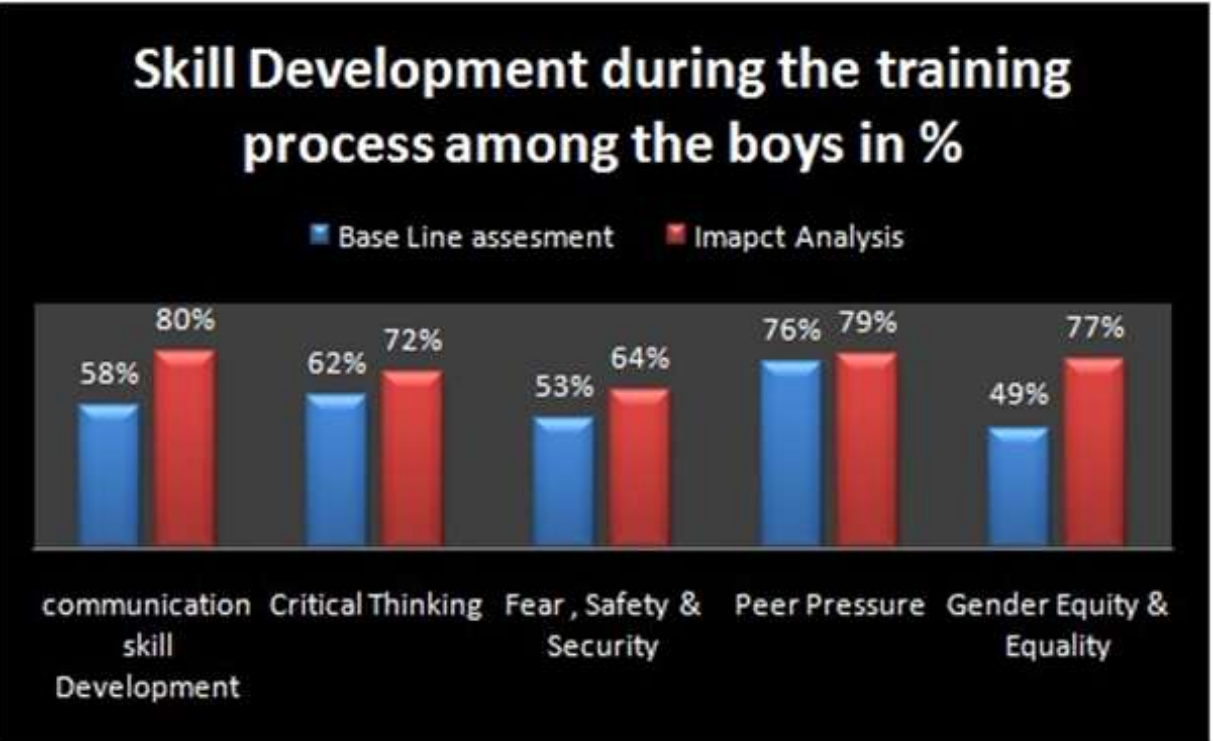
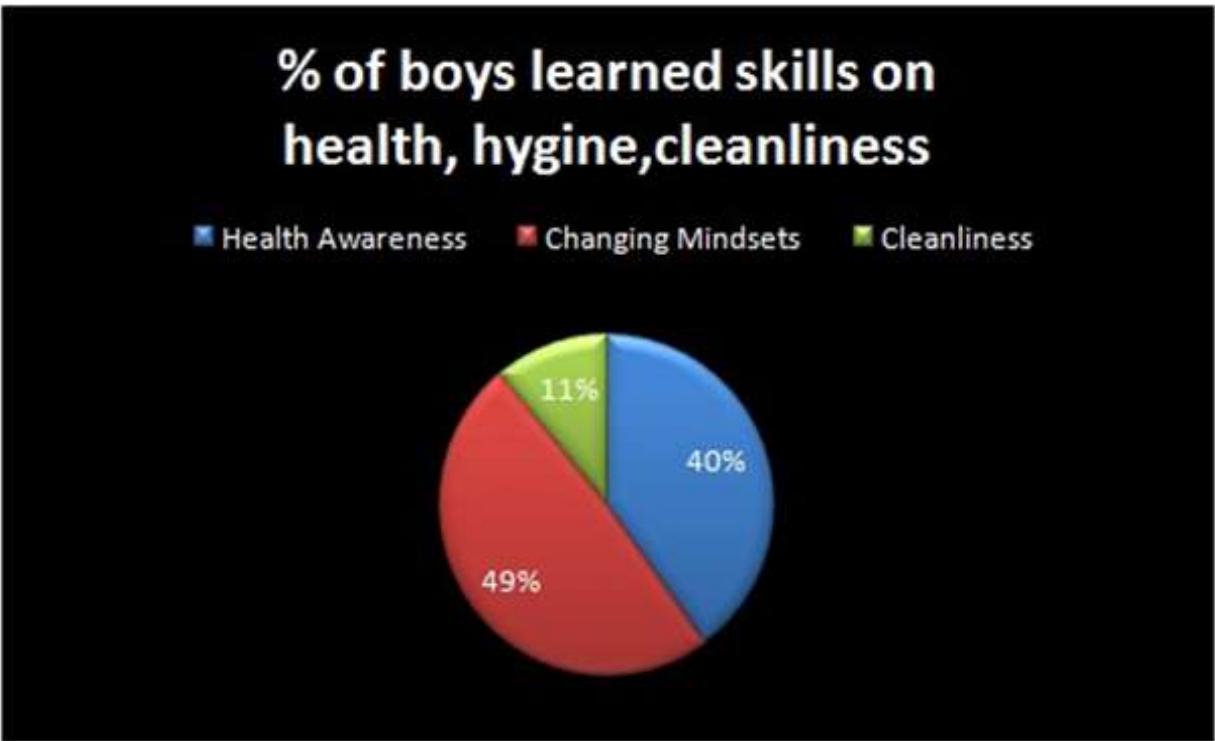
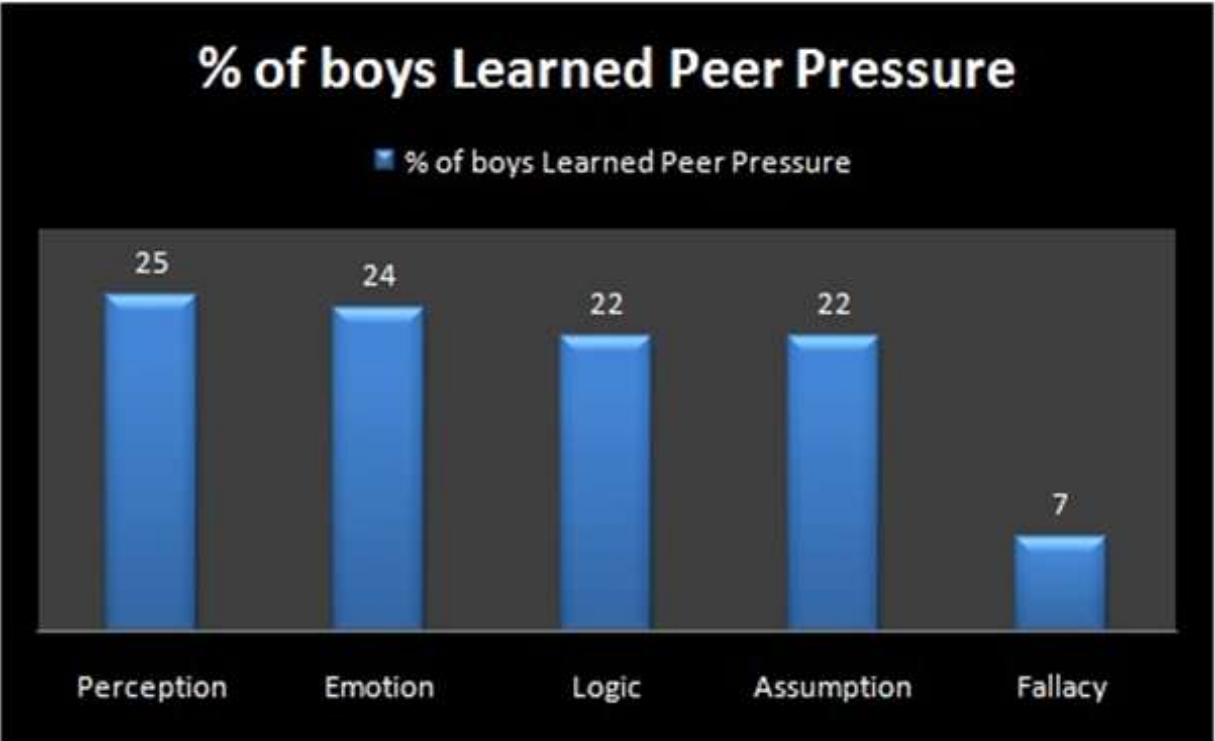
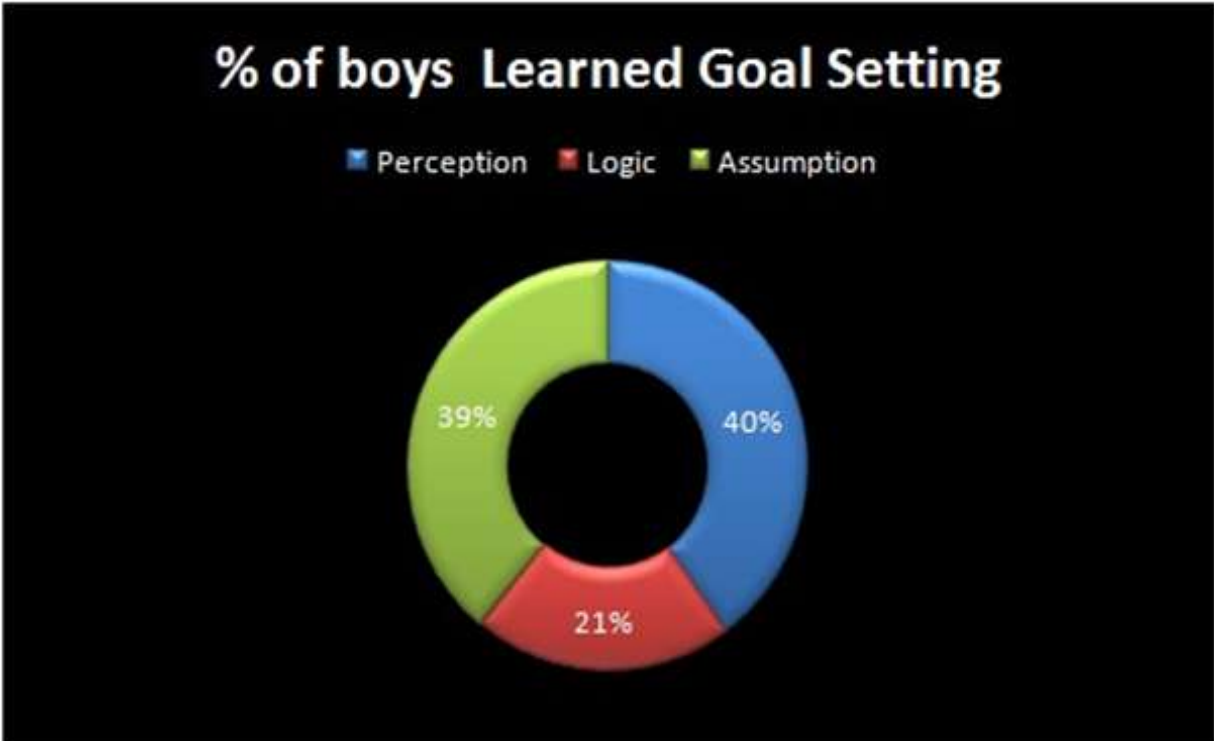


For more info visit: <https://wajraoforce.in/wajra/life-skill-4/>



Let's have a look onto the Impact of Life Skills on the Beneficiaries from Wajra's Life Skills Projects.

# Beneficiaries Point Of View on - Wajra's Life Skills Projects





Let's hear the Experiences of the Beneficiaries and their Point of View on Wajra's Life Skills Projects.

# Beneficiaries Point Of View on - Wajra's Life Skills Projects



Message from **Mr. Geoff Wain** (The Then, British Deputy High Commissioner for Gujarat and Rajasthan)  
I feel highly honored and elated to have visited students and the programme outcome. I thank the head masters and educational staff of Saraspur schools for their whole hearted support to the Life Skills project. I believe that equality is very important for one and all. For that, women and girls of India have to play an important role in subject to establish equality. Therefore, the British Council of India is supporting such types of programme. The girls should use learned skills for the political, economical and social progress of India. It is indeed important that the girls must have the courage and confidence in every span of their life.

"In the life skill training they taught us about manners and told us to make our own decisions . They Also explained the importance of the goal in our life."

Name: **Purvi Dhirubhai Chauhan**      Std: **7th**      School: **Saraspur School No.7**



"We are very thankful to British Deputy High Commission and Wajra O' Force Empowerment Foundation for empowering the girls through life skills training program. We are thankful to the trainer's team for their coordination. Life Skills Training program will help girls to build their future."

Name: **Sandipbhai Barot**  
(Head Master: School no. 13, Saraspur)



"Masi and Didis have taught us how to talk with confidance.Through life skill training the positive change has come in our school's girls. They taught about health and hygiene. They also have eliminated the fear of ghosts from our mind and told ghosts do not exist in the world."

Name: **Bhumi Dineshbhai Morya**      Std: **7th**      School: **Saraspur School No.7**

"Life skills Training program is helpful to build self confidence and personality development in girls. Thanks to British Deputy high commission and Wajra o' force empowerment foundation for organizing this program."

Name : **Hemlataben Patel**  
(Head Master: School no. 4, Saraspur)



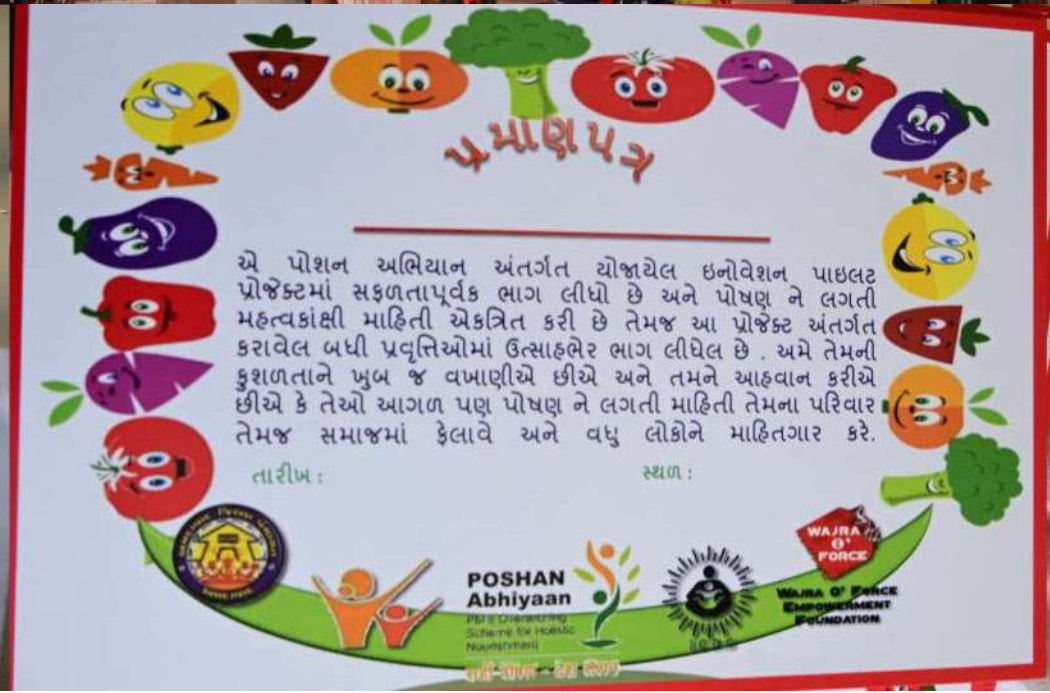
"Didis and Masi have taught us what you will be in the future and what we would like to do in future. They also taught us about Goals. They also taught us how to talk with expressions. We want them to come regularly in our school and continue to teach us"

Name : **Riya Cheharsingh Thakor**      Std: **7th**      School: **Saraspur School No.7**



Detailed Report On: <https://wajraoforce.in/wajra/life-skill-4/>





# Poshan Abhiyaan

We at, Wajra O' Force Empowerment Foundation designed the concept of Poshan Abhiyaan focusing upon the Behavioral Change Communication. The concept adopted and implemented by Wajra O' Force Empowerment Foundation for the Innovation Pilot Project under POSHAN ABHIYAAN is unique and one of its kind.

## Project Objective:

We designed the concept with an objective, to build the capacity for improving health outcomes and rejuvenating nutritious lifestyle through targeted communication strategies aimed at positive behavior change among key targeted populations.

## Project content:

- Understanding dynamics of health, nutrition and human behavior, particularly at Mandal Taluka.
- Understanding audiences for SBCC through needs assessment, at Mandal Taluka.
- Strategic design and planning of innovation pilot project based on SBCC concept.
- Developing and pretesting messages and communication materials.
- Building capacities for synergized nutrition knowledge delivery.
- Working together, measuring joint results, improving quality of synergized nutrition knowledge delivery.
- Implementing and monitoring the innovation pilot project.
- Evaluating the impact of innovation pilot project based on SBCC concept.

We were able to make an positive and effective impact on more than **500** girls & women cumulatively thorough this innovative pilot project of **Poshan Abhiyaan**

### Wajra O' Force Empowerment Foundation's Innovative Project Concept:

- **Magic Show:**
  - a) Importance of Fitness;
  - b) Importance of Water (Hydrated body)
- **My Plate:**
  - a) Importance of My Plate (5 types of Food);
  - b) Maze Activity based on My Plate
- **Nutrition Chart:**
  - a) Importance of Nutrition – Fruits & Vegetables;
  - b) Dumb Charades and Veggies bag Activities based on Nutrition
- **Home Work Activities:**
  - a) Nutritional Rangoli – Fruits & Vegetables
- **Missed Call Campaign**



Detailed Report On: <https://wajraoforce.in/wajra/poshan-abhiyaan/>



Let's hear the Experiences and the Point Of View of the Beneficiaries from Wajra's Innovative Pilot Project on Poshan Abhiyaan.

# Beneficiaries Point Of View on - Wajra's Poshan Abhiyaan

## Valedictory Insights

Message from *Arun Babu IAS* (DDO, Ahmedabad)

The Mandal Taluka was selected by the Gujarat govt. because of the lower sex ration and nutritional status, we have to work in priority for the betterment of people of Mandal taluka. The team of Health, ICDS, Education have been assigned with different responsibilities. Some has made kitchen garden, HB tests blood tests anemic test kits have been provided for surveying and resolving issues. We gave the responsibility to Wajra O Force under the innovation pilot project, wherein they have come up with some great innovative ideas of missed call campaigns, magic show, nutritional charts etc. While giving the missed call we will receive your data, that we'll use in future to give you updates regarding the Poshan, Anemia and immunization etc. So I urge to register yourselves by giving a missed call on the number.

At the end, I just want to convey a message that, we, our teams, government as well as the partner NGO's are collectively working hard for the betterment. But it is more important that the people also support us in our efforts by acknowledging and implementing the same in their daily routine. It is not that, we gather, have a program and then tend to forget the good practices. Rather, we should indulge the learning's of those charts related to nutrition which are made by the girls of different villages and do not limit the knowledge of nutrition to yourselves instead spread the words around the community for an inclusive betterment.

Lastly I would like to thank Wajra O' Force Empowerment Foundation for doing such a unique and impactful project



## Valedictory Insights

Message from *Mitaben Jani* (I/C CDPO, Mandal Taluka)

I would like to share a brief about the activities carried out under Poshan Abhiyaan at the Mandal taluka. DDO Arun sir and PO Rathod sir are quite concerned about the Innovation Pilot project, under their guidance and active support we have attributed several activities wherein, we tend to cure anemic women, pregnant women, breastfeeding women and kishoris. This campaign is on going in all the 97 Aanganwadis of the Mandal taluka. Secondly, under the innovation criteria we conducted couple of seminars where the Kishoris were given trainings and knowledge related to nutrition. Apart from that, we have developed around 18 kitchen gardens wherein we have also got support from the locals to grow the vegetables and other eatables. We also get done the reports of HB of about 932 kishoris from different villages at the Mandal taluka. Additionally, we also provided them the iron folic tablets to boost the levels of iron in their body.

Lastly, I and Ms Ruzan are in constant touch with each other. We took around 12 villages from 3 divisions wherein Ms Ruzan and her team visited and showcased the importance of nutrition and health through the magic shows, nutritional charts, knowledge sharing and learning with fun games and activities inclusively. Each village had around 35 to 40 kishoris on an average who witnessed this innovative concept of learning and gaining knowledge based on Nutrition and Health. Earlier today, while summarizing the sessions held before. I also observed that the Kishoris were thorough and enthusiast to answer the questions what they have learnt through the previous sessions of magic shows and nutritional session with fun games and activities. I am glad that Ms Ruzan and her team has made a tremendous effort to spread the word of importance of Nutrition and Health through their innovative concept, and that goes without saying because the kishoris were keen and excited to attend these sessions. Needless to say that we have got a very encouraging feedback about the way nutrition knowledge was given and this has further inspired the girls to practice it. I would not forget to thank the efforts of Aanganwadi workers it is because of them that we can address the drastic positive change relating to nutrition and other aspects in kishoris. And I am grateful to Ahmedabad District Administration for their proactive support towards the Mandal Taluka.



## Testimonials

Experience of Beneficiaries:

**Testimonial 1:** Rathod Pushpa Laxmanbhai (19 Y, Trent)

Such kind of activities were conducted for the 1<sup>st</sup> time in or village. Through these activities, we were able to learn and understand the importance of Nutrition in women and especially the teenage girls. One of the most important thing that I was able to know in terms of daily meals was that, there are 5 types of food groups essential for a human in their daily life.



**Testimonial 2:** Vaghela Hasnita (16 Y, Ughroj)

This was the 1<sup>st</sup> ever activity related to Nutrition happened in our Ughroj village that I witnessed. I found it to be unique. Hereby I also got to know that, Vegetables, Fruits, Grains, Protein and Dairy products are important for oneself in their daily meals. I was aware about 3 types of food groups, though the other two's importance was explained through these activities and charts.



**Testimonial 3:** Aakruti Thaakar (18 Y, Vanpardi)

This was the very first time we had any such activities of Nutrition and that too, with a unique concept of explanation through charts, magic shows and the fun games and activities with a context of informative learning. I am sure that continuation of such activities would lead the girls and women of our village towards the learning the importance of Nutrition in daily routine and implementing the same.



**Testimonial 4:** Hansaben (Aanganwadi Worker, Trent)

I have been working as an Aanganwadi worker since many years wherein I perform different duties related to women, girls children and their health. The programs have been scheduled by the government often related to Nutrition. But, the way of teaching by the team of Wajra O Force and involving the girls and women in learning the importance of Nutrition through the fun learning games, activities and Magic was quite commendable.







# SHOT GUN WITH SUPER GIRLS



## SHOT GUN WITH SUPER GIRLS



## Rifle Shooting Sports Training

**150** women were empowered with Freedom of fire with power of Guns.

Women around the world hear these 2 words - “Women Empowerment” and it makes them pull their shoulders back and hold their head up a little higher. With an aim to empower women in Gujarat, Wajra O Force Empowerment Foundation and The Ahmedabad Military and Rifle training Association with support from International Creative art society and Merciful fate Foundation organised a Rifle Shooting Training workshop called 'freedom of fire with power of Guns' at, Ahmedabad.

“Time after time we witness a transformation in a woman when she begins shooting.

**No Superman will come to save you.** It is you and only you who can save yourself.

**Self help is best help.** The empowerment a woman feels at the range translates into so many areas of her life. I'd love to witness women become better shooters and persue shooting as sport, as well as feel more empowered, and inspire their families and communities."

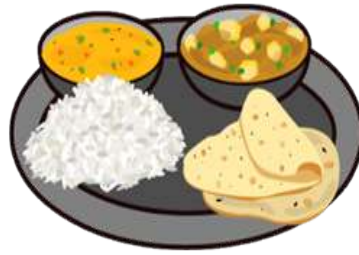
For more info visit: <http://shotgungirls.in/>



1,40,020 food packets served to poor and needy  
5,000 liters of hand sanitizer for frontline workers and police forces  
4,50,000 glasses of instant powder drink for frontline workers and police forces



Food Parcels Served



Here's How Gujarat's Ruzan Khambatta is Helping The Needy During Lockdown



With the help of an organization, Musar Socio-Medical, and several volunteers and donors, Khambatta has been successfully distributing food packets to the needy. "I was thinking of getting a team ready to distribute the food packets, but then the thought of wearing help from Gujarat police. The only way for distributing in an orderly manner, but their presence will also encourage anyone."



While none of us have stockpiled food and other necessary items to take over the lockdown period, there are several who don't know where their next meal will come from, or whether it will be nutritious and healthy.



Detailed Report On: <http://wajraoforce.com/wajra/WOFEF%20Covid%20Report.pdf>



# UN 16 Days Of Activism

Wajra O' Force Empowerment Foundation's contribution towards the Orange the World: Fund, Respond, Prevent, Collect! We partnered with UN Women for their 16 days of activism against Gender based Violence & this year's theme is "Orange the World: Fund, Respond, Prevent, Collect!" We know that these gender issues are in all strata's of the society. We have seen decrease in the sex ration of girls against boys which is highly dangerous for humanity, female feticide needs to be stopped. Domestic Violence is rampant & during Covid19 DV increased by at-least 40% globally. Gender discrimination is increasing rapidly. So without working with all stake holders we would not be able to address them effectively. Nor get any results. Now is the time to take action to at-least put a break to these gender issues before they get out of hand & damage our social fabric.

## Online Pledge:

Due to Covid-19 pandemic we thought that let us do a mass online activism and hence we tied up with Gujarat Education Department to take online Pledge([www.pledges.online](http://www.pledges.online)) for issues like Violence against Women, Gender Equality and Generation Equality. Our major focus was working with boys & men to educate and make them aware of the gender related challenges and how to prevent and respond to such issues. By taking the pledge it would immensely help them as well as educate them to know and do things for stopping Violence against Women and Gender issues. The cause was supported by Hon'ble Education Minister Shri Bhupendrasinh Chudasama and Dept. of Education, Govt. of Gujarat. 100's of schools and colleges took part into it. Over 17,500 people both men and women have participated in the Online Pledge. These pledge takers includes school students, college students, youth, men, women, house-wives, working women, professors, principals, govt. departments and institutions etc. These people were from all across the state of Gujarat. Every Participant was given an E-Certificate as soon as they take Pledge and submit it our website portal.

## Exclusive Virtual Interaction:

We had an Exclusive Virtual Interaction with 2 eminent personalities.

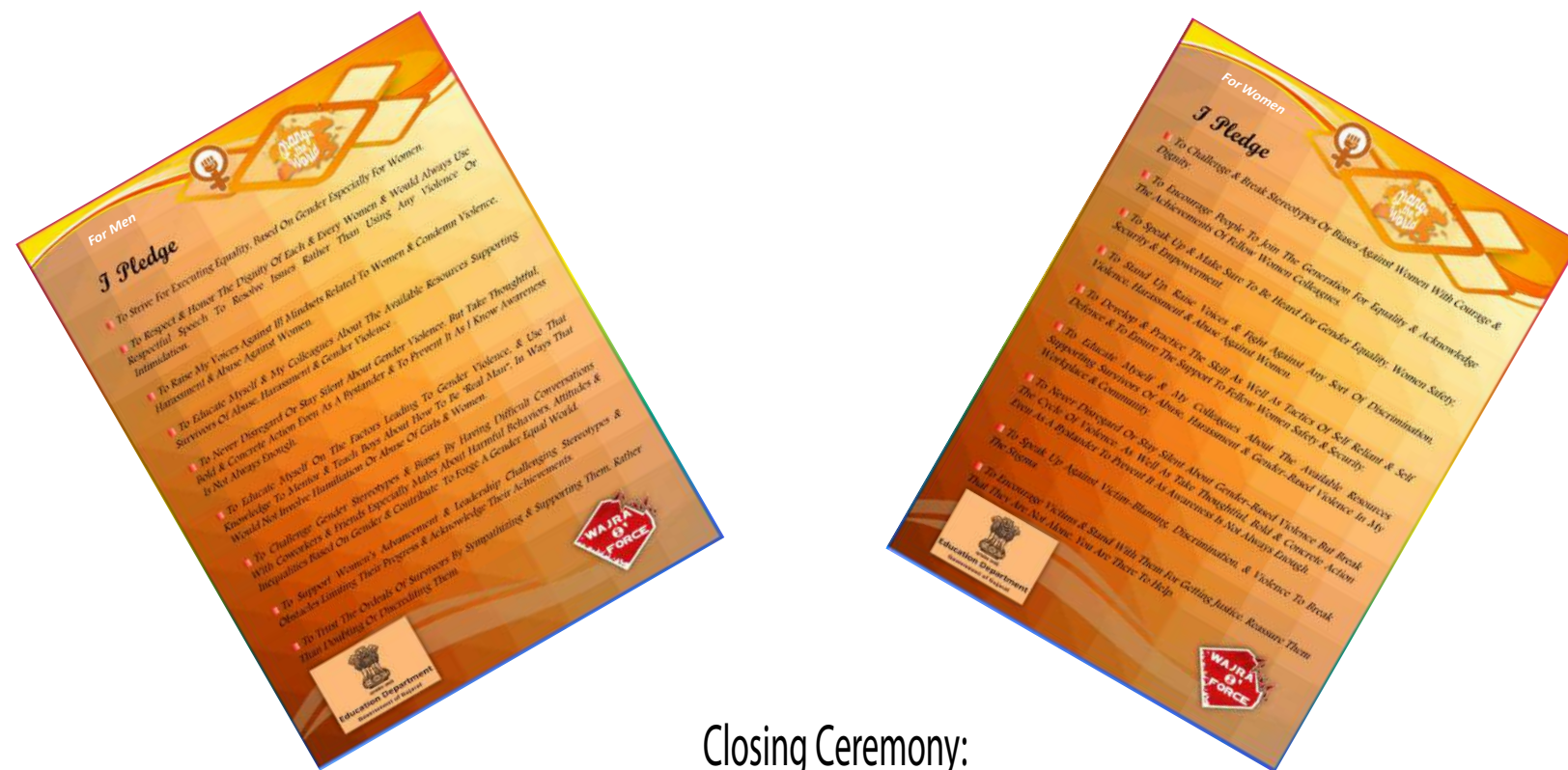
H.E. David J Ranz (US Consul General, Mumbai) & H.E. Peter Cook (British Deputy High Commissioner, Gujarat & Rajasthan)

During the virtual interaction, David Ranz said, "One should be aware of his surroundings, and if you see something wrong it's important to say something for it. Speaking out and making oneself available is the best way to engage and empower one and all."



During the virtual interaction, Peter Cook said, "It is important to push back the gender stereotypes by awareness campaigns, life skills, raise voices against wrongful activities by naming and shaming the perpetrators and ensuring that the authorities act responsibly and in transparent manner."

Detailed Report On: <https://wajraoforce.in/wajra/un/16-doa/>



## Closing Ceremony:

At the 16th Day of Activism, the official Closing ceremony was held at ICAC Art Gallery, Ahmedabad on 10th December, 2020 which is also celebrated as International Human Rights Day. Over there, we called upon 30 students-volunteers and recited the Pledge for both Men and Women. Apart from that, being a little creative and responsible towards the society, we also implanted a canvas where each and every Pledge-Taker gave their hand's impression onto it, showcasing their solidarity towards Girls and Women followed by their support to the UN's Orange the World: Fund, Respond, Prevent, Collect! Theme. The event was very well covered by the print media, digital media as well as electronic media.



# #UN75 Global Dialogues The Future We Want



Join The World's Biggest Conversation with Students of Vishwakarma Government Engineering College  
Meeting ID: 861 8410 5509 | Passcode: vgec

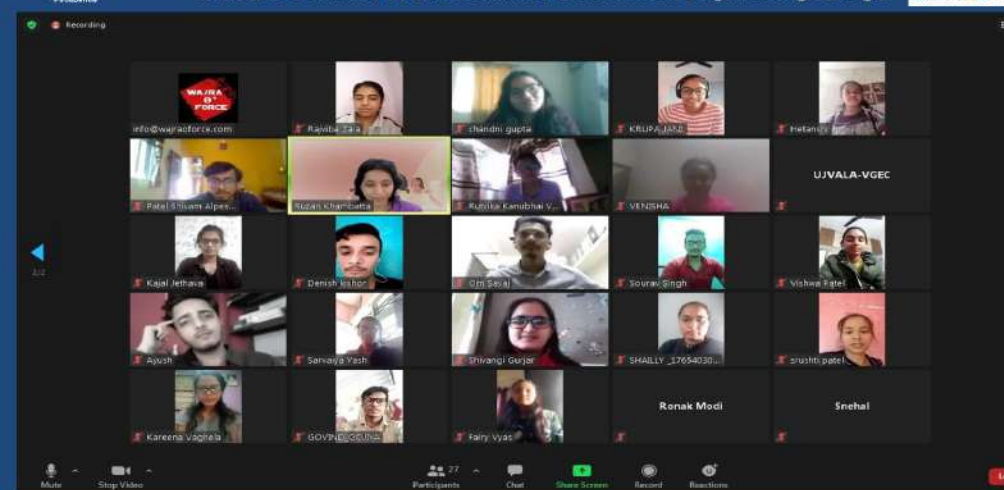
UN75 Dialogue on – Gender Inequality : Bridging The Divide  
With the students of Gurukul Mahila Arts & Commerce College



UN75 Dialogue on – Gender Inequality : Bridging The Divide  
With the students of R J Tibrewal Commerce College



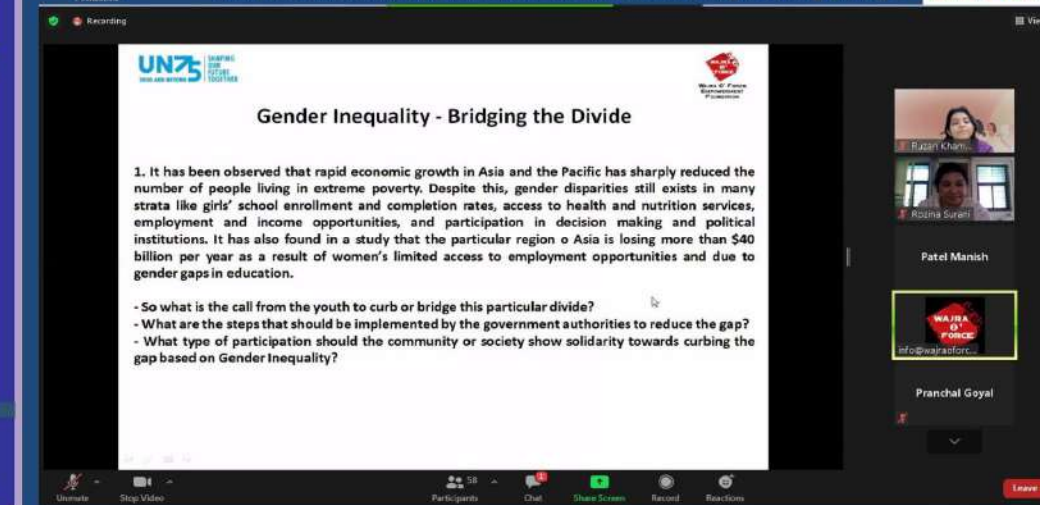
UN75 Dialogue on – Gender Inequality : Bridging The Divide  
With the students of Vishwakarma Government Engineering College



UN75 Dialogue on – Gender Inequality : Bridging The Divide  
With the students of R J Tibrewal Commerce College



UN75 Dialogue on – Gender Inequality : Bridging The Divide  
With the students of Vishwakarma Government Engineering College



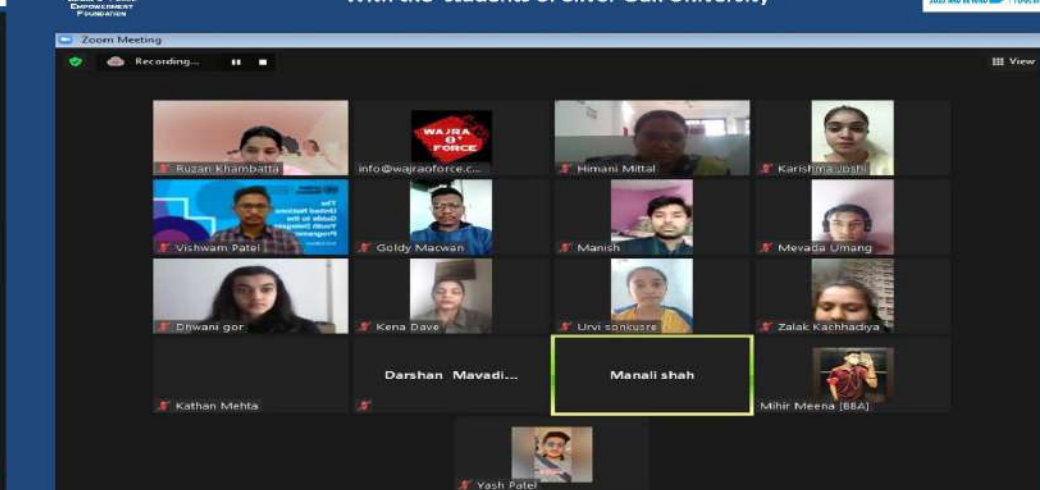
UN75 Dialogue on – Gender Inequality : Bridging The Divide  
With the students of Gurukul Mahila Arts & Commerce College



UN75 Dialogue on – Gender Inequality : Bridging The Divide  
With the students of R J Tibrewal Commerce College



UN75 Dialogue on – Shadow Pandemic: Violence Against Women  
With the students of Silver Oak University



UN75 Dialogue on – Gender Inequality : Bridging The Divide  
With the students of R J Tibrewal Commerce College



# UN 75 Youth Dialogue

As UN is marking their 75th anniversary this year, they introduced Worldwide Youth Dialogue & a quick one minute survey on the ignited global trend issues, and due to the unprecedented global health crisis dialogues went virtual.

We at, Wajra O' Force Empowerment Foundation are grateful enough to be the implementing partner of the United Nations to conduct the Youth Dialogues with the responsible students of today's emerging world. We initiated 4 Youth Dialogues virtually at different Educational institutions with an hope and objective to encourage them to take actions against the trending global issues and represent their views and expressions by raising their voices& generating new sustainable ideas in order to curb these particular global trend issues.

We being an Empowerment Foundation & especially working for Women Rights, Safety, Security and Empowerment. We majorly focused upon Women related global trend issues. Thus, we inculcate the topics like Inequality: Bridging The Divide, Women and Girls: Closing The Gender Gap. Apart from that, we also conducted a Dialogue on 'Shadow Pandemic: Violence Against Women' as it is a severely pertaining issue, but unfortunately it is globally un-addressed.

## Highlights & Conclusion discussed during the Dialogues:

- What we found in the Youth during Dialogues
- What prevailing issues Youth Addressed?
- What are the ideas and solutions Youth gave?
- What issues is the Youth facing to address and resolve the global trend issues?
- What we can do collectively to curb or end these global trend issues?
- Role and responsibility of NGO's & Community, the United Nations and the Governments.

Detailed Report On: <https://wajraoforce.in/wajra/un/un-75-youth-dialogue/>



# UN NGOCSW65

Wajra O' Force Empowerment Foundation in association with World Peace and Diplomacy Organization organized a global webinar on the topic 'Multi-Sectorial Approach to Achieve Gender Equality SDG Goal 5 by 2030', on the conclusive day of United Nation Women's 65th session of NGOCSW. Wherein eminent speakers and panelists from India and around the globe participated.

The Esteemed speakers like:

- ¶ Shri Guruprasad Mohapatra (Secretary, DPIIT, Govt of India),
- ¶ D Thara (Joint Secretary, MOHUA),
- ¶ Dr. Jayanti Ravi (Principal secretary, Dept of Health & Family Welfare, Govt of Gujarat),
- ¶ Shri Hareet Shukla (Secretary, Dept of Science and Tech, Govt of Gujarat),
- ¶ Shri Anil Pratham IPS (ADGP, CID Crime & Women Cell),
- ¶ Shri Pankaj Kamliya (COO, GCSRA)
- ¶ Shri G D Singh (Founder & President, WPDO) shared their valuable views on particular topic.

In addition to it, personalities like - Sonal Pandya, Shwetal Shah, Priyanka Sharma, Dr. Rupesh Vasani, Gargi Jain IAS, PC Swamy, Major MohammadAli Shah, Ojas Rawal, Nasir Khan, Syed Salman Chisty, CDR Gauri Mishra, Annuradha Malik, Dr Boikanyo, Monica Grant, Theo Olopeng, Venessa Dcruz and Janlle Clarke also shared their words during the webinar.

Ruzan Khambatta (Director, Wajra O' Force Empowerment Foundation) gave the key-note speech during the webinar.

18 panelists who shared their views and experiences from around the globe in the webinar representing different sectors like Government, Ministries, Entrepreneur, Journalism, Education, Defense, Police and Social etc.

Each and every panelists and speakers showed their feeling of solidarity towards the society and their courage of contributing to the United Nation's ~ Sustainable Development Goals through their experience and matter of expertise in their respective fields.

Detailed Report On: <https://wajraoforce.in/wajra/un/ngocsw65/>





# Wajra O' Force - Brigade Launch

by milan barad





# Wajra O' Force - Brigade Launch

A history was created in Ahmedabad, Gujarat with the installation day of **Wajra O' Force Empowerment Foundation** and its **Brigade Members** in the year **2015**. The concept of **Wajra O' Force Brigade** was indeed a unique initiative to bring **Social - Economic Empowerment** with a spirit of **Fire of Freedom, Power of Empowerment**.

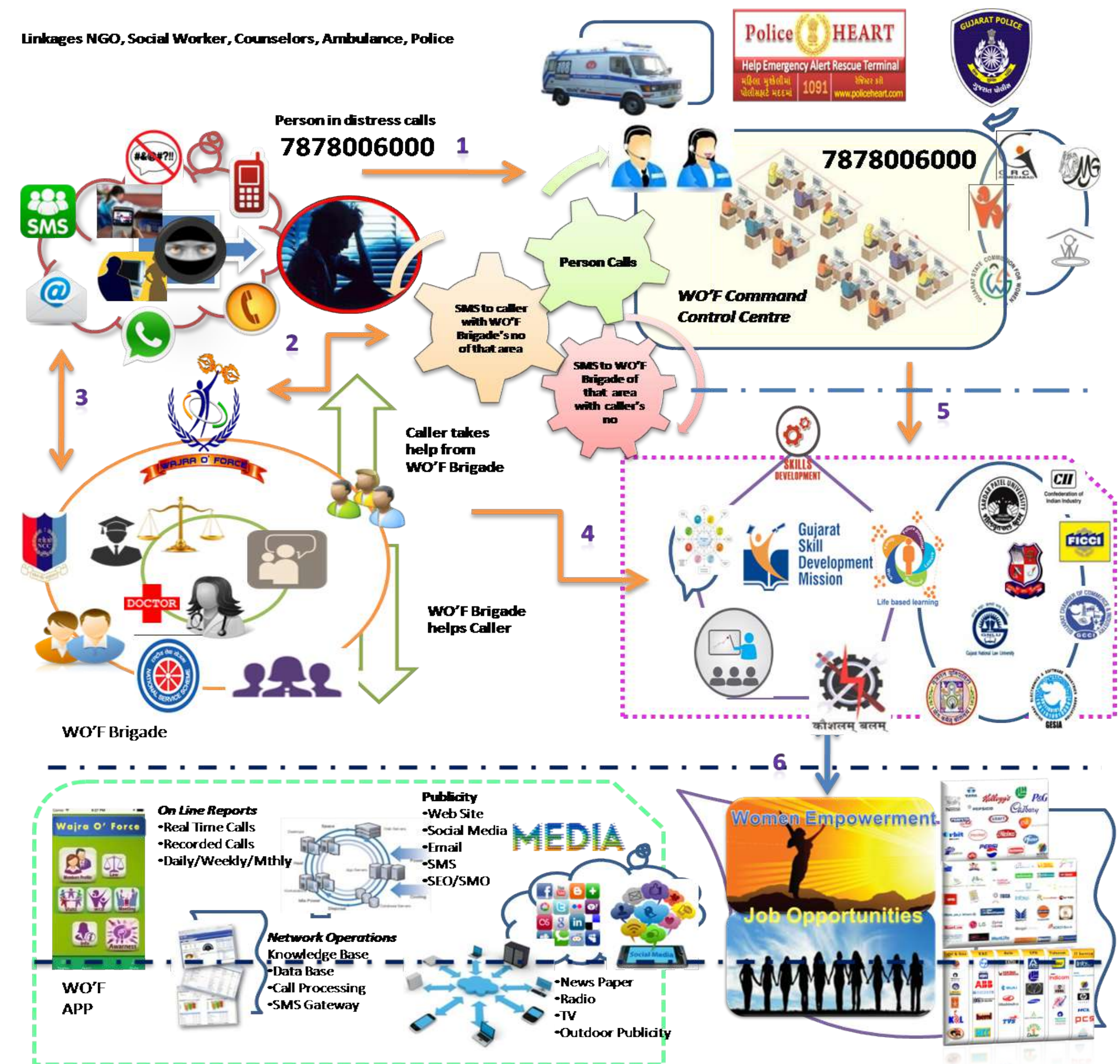
It was founded with an effort to equip women to face everyday issues – to assure women's safety, to protect them from the unstoppable violence, either on the streets or at home and to empower them socially, mentally, physically and also economically through proper skill development initiatives and to strengthen them to fight back. Wajra O' Force Brigade comprises of a strong force of **150+ Members**, segregated in **30 teams** that covers pan Ahmedabad.

**Wajra O' Force Empowerment Foundation** is formed with a Vision "**To liberate India from Crime Against Women and Empower the Society**".

The main objective of WO'F Brigade is to make a difference in the life of a person. To give moral & emotional support, extend our hands towards the distressed person and bring them to a normal life.

World over researches and studies has shown that majorly, when a person is empowered economically, apparently the person gets empowered socially, personally and spiritually.

Through the skill development they will be empowered economically. And as everyone deserves a dignified life hence Wajra O' Force Brigade will work towards that motto.



For more info visit: [www.wajraoforce.com](http://www.wajraoforce.com)





Fit Hai Toh Hit Hai







# Fit Hai Toh Hit Hai



Wajra O' Force Empowerment Foundation attempted for the **Limca Book of Records** in the year **2019**. The attempt made on account of **Celebrating** the **International Girl Child Day** on **11th October**. The attempt was held in Ahmedabad, Gujarat, India. It was carried out in a strong pitch for promoting the **Girl Child** as well as spreading the message of staying fit and healthy. The event saw **3,200 participants** for the attempt. This was the unique and very first attempt.

Wajra O' Force Empowerment Foundation's **theme** for this attempt was **"FIT HAI TOH HIT HAI (Jumping Jacks & Fruit Drink)"**.

The objective behind breaking this record was that, We wanted to send a global message about promoting the Girl Child (Beti Bachhao, Beti Padhao) as well as to promote Happiness and Fitness.

**Sarkhej Kelavni Mandal** was our **Attempt Partner** with support from **Rasna**.

## Highlights:

3,200 Participants    60 Teachers/Officials    15 Volunteers    02 Stewards    02 Witnesses    01 Judge    01 Time-Keeper

This was the **first** such **initiative** by a non-government institution to promote causes of Fitness, Happiness and Girl Child using a fun exercise format.

Though the attempt of FIT HAI TOH HIT HAI (Jumping Jacks & Fruit Drink) is still under scrutiny at authorities of Limca Book of Records.\*\*\*



For more info visit: <https://wajraoforce.in/wajra/fit-hai-toh-hit-hai>



# Book on - A Cognitive Perspective on: Equality

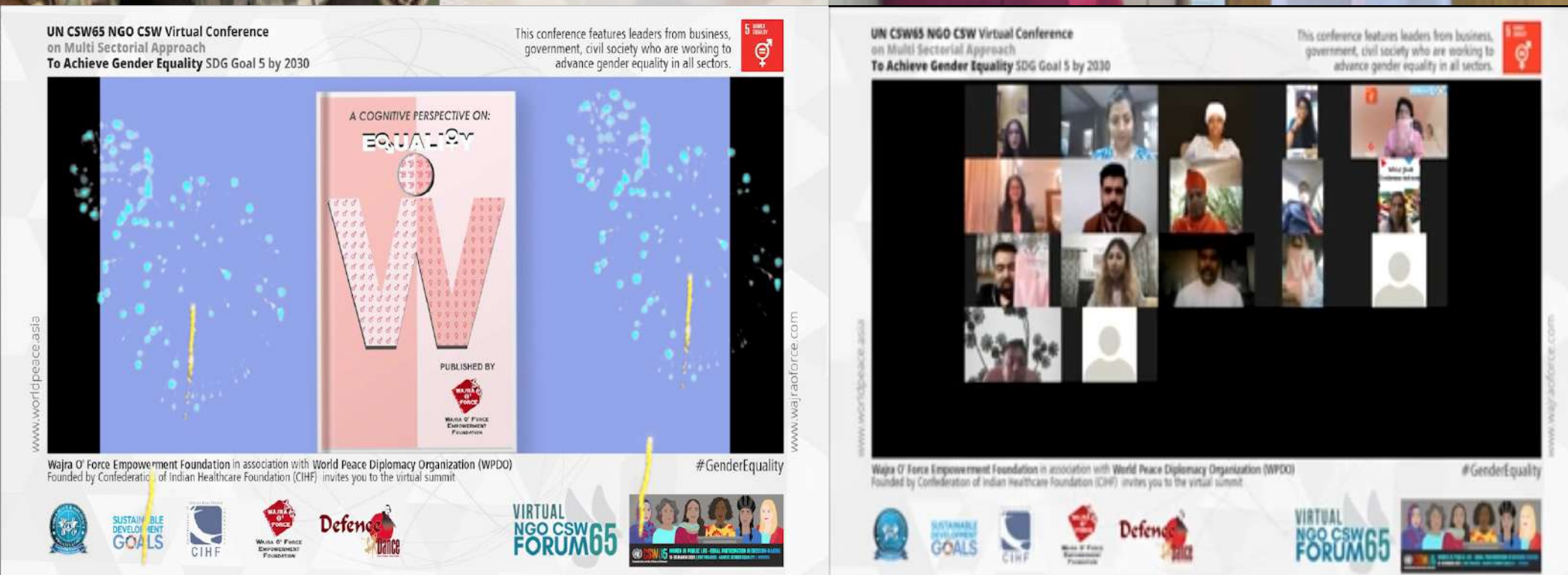
The book is penned by **Ruzan Khambatta** (Director, Wajra O' Force Empowerment Foundation) with her years of rich learnings, analysis, observations and experience. We have made an effort to amalgamate and deliver cognitive perspectives on gender equality whilst portraying issues and providing practical solutions to the topics like **Domestic Violence**, **Sexual Harassment**, and **Gender Equality** etc. We have also mentioned some easy and appraisal methods of **Mental Drill and Self Defence**, with an insightful view of generating steps of **Bystander Intervention** and **Ways of Promoting Gender Equality in daily life**, inclusive of a few short situational stories.

The book '**A Cognitive Perspective on: Equality**' penned by Ruzan Khambatta was launched by **Shri Anil Pratham IPS** (ADGP, CID Crime & Women Cell), **Shri Pankaj Kamliya** (COO, GCSRA) & **Shri G D Singh** (Founder & President, WPDO)

The book also gives ways of promoting Gender Equality at younger age in children at schools and Bystander Intervention which has now become highly important to be practiced. As the book upholds short situational stories in an informative manner which engages and involves the readers ageing from **10 to 60** to practice Gender Equality with practical approach.

The purpose behind penning the book is to disseminate the realm of society and share the knowledge. The book is available in English, Hindi and Gujarati languages.

People can get a **free E-book** copy by registering in the mentioned link: [www.tinyurl.com/2021csw65](http://www.tinyurl.com/2021csw65)



Detailed Report On: <https://wajraoforce.in/wajra/books/Gender-Equality/>





**6,134** PoliceHEART 1091  
• Women Saved /Rescued /Helped from Rape, Molestation & Domestic Violence

**4,600** Life Skills  
• Gender Equality, Sensitization, Cyber crime, Interpersonal, Decision-Making, Critical Thinking Health - Hygiene, Leadership, Self-confidence,

**14,12,233** Hallaboli  
• Awareness generation drive of Women Safety Security, Self Defence, Cyber Safety, Drug Free & Healthy Life

**Beti Bachao Beti Padhao**  
• Project Advisor to District of Ahmedabad for Beti Bachao Beti Padhao (save the girl child) initiative of Government of India

**25 +** Awards  
• International & National awards to her credit. Which have been awarded by the likes of Governor, CM, Ministers, MP, Mayor & renowned Corporate Honchos.

**Defence O' Dance**  
**58,389**  
• Women /Girls benefitted by learning Mental Drill & Self Defence

**Wajra O' Force**  
**3,800**  
• Women Empowerment (Social, Economical, Personal) Adult literacy, Adolescent health, Primary education, Computer literacy, Counseling & livelihood generation

**NGOCSW**  
• Advisory Working Group member of NGOCSW which works with UN Women & is instrumental in ensuring that all voices are heard & represented in UN

**POSH**  
• Nominated in POSH committees of **12 +** Government, Universities & Corporates.

**Contribution to Society**  
• Speeches, Workshops, Seminars  
• Debate/Chat shows on Regional & National channels on various topics ranging from Women Empowerment, Self Defense, Women Safety-Security, Women Legal Rights, Entrepreneurship, Politics, Sports, Budget, Education, Environment.



PoSH Act 2013

**Preventing**



**500 +**

**600 +**



# Events at a Glance



Gandhi Jayanti  
Celebration



International  
Girl Child Day



Sardar Patel  
Jayanti  
Celebration





# Events at a Glance



## Chevening Alumni in School



## Meri Beti Meri Shaan...Mera Abhimaan



## The Happiness Project





# Events at a Glance



**Celebrating  
Surakshabandhan  
with Rapid Action  
Force**



**Celebrating  
Surakshabandhan @  
Air force South  
Western Air Command  
on 20<sup>th</sup> Anniversary of  
Kargil Vijay Diwas**



**Celebrating  
Surakshabandhan  
with Indian Army on  
20<sup>th</sup> Anniversary of  
Kargil Vijay Diwas**





# Events at a Glance



**Celebrating  
Surakshabandhan  
with Ahmedabad  
City Police**



**Celebrating  
Surakshabandhan  
with Border  
Security Force**



**Celebrating  
Surakshabandhan  
with Central  
Reserve Police  
Force**





# Events at a Glance



**2<sup>nd</sup> October Gandhi  
Jayanti Celebration**



**Unleashing the  
Dreams of  
Underprivileged  
with Life Skills  
Project**



**Celebration of  
Christmas 2020 @  
ICAC Art Gallery**





# Thank You

You have made real difference in the lives of the people we serve

Wajra O' Force Empowerment Foundation would like to thank all donors, volunteers and supporters for their continuous generosity for our initiatives and projects and extending their contribution at the time of our need. Our collective efforts have met with success and we have made a significant contribution towards the societal good. We hope that, Wajra's journey towards societal good embarks to infinity ...

Your contributions  
can help us change  
lives.

Phone: +91-8490980670 / 079-26560773

Email: [info@wajraoforce.com](mailto:info@wajraoforce.com)

Add: 8th Floor, White House, Panchvati  
Cross Roads, Ahmedabad - 380006,  
Gujarat, India.