

Press Release

3000 students gathered to celebrate **International Girl Child Day**.

The mass gathered together successfully created 2 world records, aimed at promoting 'FIT India' movement & 'BetiBachao- BetiPadhao' Movement.

Wajra O' Force Empowerment Foundations and SarkhejKelavni Mandal came together in an attempt to break 2 world records of 1) **Most people doing Jumping Jacks Simultaneously** and 2) **Most people drinking Fruit Drink simultaneously on Friday morning in Ahmedabad**. **Rasna- a popular beverage brand became the 'Fruit Drink Health Partner' to support the world record attempt.**

RuzanKhambatta Director Wajra o' Force Empowerment Foundation, Smt. Jagrutiben Pandya Chairman, Child rights commission Gujarat, Shri DhirendrasinhTomar Chairman, Municipal School Board, and Shree Mukesh Patel President Shree SarkhejKelavni Mandal were present at the event.

Praising Government's efforts in spreading awareness about women empowerment and female feticide, Chief Guest Smt. Jagrutiben Pandya Chairman, Child rights commission Gujarat said that "government is doing great efforts for BetiBachaoBetiPadhao with lots of schemes. It is also the responsibility of all citizens to desist female feticide. "

Guest of Honour Shri DhirendrasinhTomar Chairman, Municipal School Board said that with all the years in education he has found that girls do better in studies and are highly focused. "parents should change their mind set and treat girls and boys as equal and take special care to educate girl child.", **he added.**

RuzanKhambatta Director Wajra o' Force Empowerment Foundations spoke about How Life is full of Challenges. "To overcome these challenges it is important that our **Mind and Body both are fit**. It is scientifically proved that FIT body helps to achieve a FIT mind. **We are attempting this record to Mark the BetiBachaoBetiPadhao& FIT India movement and show it to the world about our efforts on International Day of Girl Child.**", she said.

Shree Mukesh Patel President Shree SarkhejKelavni Mandal expressed his happiness to be able to attempt this record where more than 3000 people participated, and performed jumping jack exercise and enjoyed delicious fruit drinks.

This attempt was done to also encourage, motivate youth/schools/colleges to take up various physical activities and sports activity which would help to build up strength and endurance and to eat healthy. This unique show of strength resulted in a large scale awareness and excitement amongst them as well as sensitizing them towards Fitness with a lot of fun.